

Young Person's Peer Group



Behavioral Healthcare

***Are you 16-26 years old?**

***Have you experienced mental health or substance use challenges?**

***Do you live in Cass, Dodge, Douglas, Washington, or Sarpy county?**

Then JOIN US!!! (In person or on Zoom)

Questions? Call, text, or email Krista at 402.699.2622 or kcrosby@regionsix.com

**If you're under the age of 18 you will need permission from parent or guardian*

WHEN: Tuesday, October 11th & 25th

TIME: 4:00 PM-5:00 PM

**WHERE: Either in person at 4715 S 132nd Street
Region 6 Behavioral Healthcare or
on Zoom (*link sent upon request*)**

**Drawing for a
\$10 gift card**

The PURPOSE of the group, DEFINED by the group:

***To build connections with peers who have experienced similar problems, who will truly listen with out assumptions or judgements**

***To share problems in a safe & confidential space, to receive trustworthy support & advice**

***To make friends with people who are trustworthy and positive**

***To help each other by offering support and sharing experiences in overcoming past struggles**

Region 6 Behavioral Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-402-444-6573.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 14024446573.

At the time of this publication, \$6,598 (81%) of state funds from the Nebraska Department of Health and Human Services and \$1500 (19%) of county funds were allocated to support transition-age programming for the fiscal year