

Region 6 Behavioral Healthcare

Resource Book 2024

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ESPAÑOL Spanish services available (Se Habla Español)

After School Programs/Camps

Boy Scouts of America

12401 West Maple Road

Omaha, NE 68164

Phone: (402) 431-9272

www.mac-bsa.org

Description: Boys and girls can experience the fun, excitement and adventure of the world around them; learn confidence, respect, trust, mental strength, and a deep understanding of what they can do for others.

Restrictions: Boys and girls ages 7-20. Translators: None available.

Boys and Girls Clubs of Omaha

Administrative Office:

2610 Hamilton Street

Omaha, NE 68131

Phone: (402) 345-3154

5051 South 22nd St.(South)

Omaha, NE 68107

Phone: (402) 733-8333 **ESPAÑOL**

2610 Hamilton St.(North)

Omaha, NE 68131

Phone: (402) 342-2300

1414 Robertson Drive

Omaha Ne 68114

Phone: (402) 932-6477

5322 N 52nd Street, Suite #2

Omaha, NE 68104

Phone: (402) 208-3833

www.bgcomaha.org

Description: Clubs provide a fun, safe and constructive environment for kids and teens during out-of-school hours. There are 14 locations in Omaha, Carter Lake, and Council Bluffs. Each club offers programs and services to help young people succeed in school, develop leadership skills, and maintain healthy lifestyles.

Camp Floyd Rogers

PO Box 541058

Omaha, NE 68154

Phone: (402) 885-9022

www.campfloydrogers.com

Description: Overnight camp (in June) for youth with diabetes. Camp located in Cozad, NE
Registration starts in February.

Restrictions: Ages 8-17. Registration starts in February. Translators: Not available.

Camp Kindness (Nebraska Humane Society)

8929 Fort Street

Omaha, NE 68134

Phone: (402) 444-7800

www.nehumanesociety.org

Description: Half-day, week-long camp in June & July where children learn responsible pet care, dog bite safety, & go behind the scenes in the surgical suite, as well as take part of crafts, games, and see guest speakers. Restrictions: Children ages 6-13. Cost is \$165. This camp fills up quickly. Translators: Not available.

Camp Superkids (American Lung Association)

8990 W Dodge Road #226

Omaha, NE 68114

Phone: (402) 502-4950

www.lung.org

Description: Overnight camp for children with moderate to severe asthma. Camp location is YMCA Camp Kitaki.

Restrictions: Children age 8-14. Cost is typically \$425, but is also based on a slide scale. Translators: Not available.

Children's Respite Care Centers

2010 North 88th Street

Omaha, NE 68134

Phone: (402) 496-1000

www.crccomaha.org

5321 North 138th Street

Omaha, NE 68164

Phone: (402) 895-4000

Description: Summer Sensations is a 12 week summer day camp for school-age clients, ages 6- 21. Additional programs available for Birth – 5, school age, and afterschool programs. Children experience off-site field trips & special in-house activities.

Restrictions: Call for specifics. Translators: Not available

Completely Kids ESPAÑOL

2655 St. Mary's Avenue
Omaha, NE 68131
Phone: (402) 397-5809
www.completelykids.org

Description: Completely kid program is outcome based and focused on giving youth the opportunity to grow and develop. Offering educational programs for elementary school children and teens, nutritional programs and parenting education.

Restrictions: None. Translators: Spanish available on site and agency will arrange for other languages as needed.

Creighton University Summer Sports Camps

2500 California Plaza
Omaha, NE 68178
Phone: (402) 280-2145
www.gocreighton.com

Description: Offers several week-long sessions that are open to grades 1-6. Sessions are \$200 each and include birth indoor and outdoor games, sports, swimming excursions, museum and zoo visits, nature walks, arts and crafts etc. Camps run in July and are 9am-4pm daily. Extended care is available for \$20 a session.

Restrictions: Youth age 5-19. Cost ranges from \$45 - \$225 depending on the sport. Translators: Not available.

Creighton Baseball Academy

CU Sports complex
2015 Burt Street
Omaha, NE 68102
Phone: (402) 280-5806
<https://www.creightonbaseballcamps.com/index.cfm>

Description: Offers basic sports skills camp, hitting camp, and pitching camp. Open to ages 8-13. Hitting and pitching sessions are \$50 per session, each session is 1 day and runs for 2 hours. Sport skills camp is \$90, is two days long, and runs for 2.5 hours each day. Combination of all camps is available for \$149.

Restrictions: Ages 8-13 only. Translators: Not available.

Easter Seals

12565 West Center Road #100
Omaha, NE 68144
Phone: (402) 930-4053
<https://www.campesn.com/programs.html>

Description: Week-long camp for children and adults with disabilities. Special camps for Autism.

Restrictions: Ages 5 and older. Translators: Not available.

Fontenelle Nature Discovery Camp

1111 Bellevue Boulevard North

Bellevue, NE 68005

Phone: (402) 731-3140

www.fontenelleforest.org

Description: Day camps and educational programs for children and teens. Camps range from \$125 - \$310 depending on type of camp and if family is a Fontenelle Forest member. Scholarships are available.
Translators: Not available

Girls Inc.

2811 North 45th Street

Omaha, NE 68104

Phone: (402) 457-4676

www.girlsincomaha.org

5407 South 30th Street

Omaha, NE 68107

Phone: (402) 731-2108

Description: Provides transportation, homework help, dance classes, arts and crafts, food, sports, and leadership building activities. Transportation from school provided. Restrictions: Girls age 5-18. Cost is \$100 a year. Translators: Spanish available.

Girl Scouts

2121 South 44th Street

Omaha, NE 68105

Phone: (402) 558-8189

www.girlscoutsnebraska.org

Description: The Girl Scout program is based on the Girl Scout Leadership Experience and five fundamental goals that encourage girls to develop a strong sense of self, display positive values, seek challenges and learn to persevere, form and maintain healthy relationships, and learn to identify and solve problems in her community, all with an emphasis in STEM.

Restrictions: Girls age 5 and older. Annual dues cost \$25 per year but financial aid is available.

Translators: Not available.

Heartland Family Service - Solomon Girls Center

6720 North 30th Street

Omaha, NE 68112

Phone: (402) 455-1755

www.heartlandfamilyservice.org

Description: After school program Monday through Friday. Summer Arts and Leadership Programs. The All-Day Summer Arts Academy is available Mon- Fri, June 1 – July 31.

Restrictions: Girls age 5-18.

Translators: Not available.

Kids Can (Social Settlement) ESPAÑOL

4860 "Q" Street
Omaha, NE 68117
Phone: (402) 731-6988
www.kidscanomaha.org

Description: Before and after school program activities include STEM based activities, playground, gym, library and computer stations. Children are encouraged to discover new interests and meet new friends. Hours are 6:00am - 6:00pm. Breakfast and snacks provided. Transportation to and from school is available. Program is also available during OPS school breaks. Pre-school also available.

Restrictions: Children age 5-13.

Translators: Spanish.

Nebraska Lutheran Outdoor Ministries

27416 Ranch Road
Ashland, NE 68003
Phone: (402) 944-2544
www.nlom.org

Description: Fun activities and several different types of camps with an emphasis on self-discovery. Camp is a place where gifts are recognized and campers are challenged in new ways. Campers are accepted for who they are and encouraged to grow in self-reliance and faith.

Restrictions: Youth and adults with physical, mental, and emotional disabilities.

Translators: Not available.

Project Explore

13454 Fowler Avenue
Omaha, NE 68164
Phone: (402) 334-1677

Description: One week camping experience in July for children with learning disabilities or attention deficit disorder. Fee - \$470 (early bird rate is \$430). Non handicapped friends and siblings are welcome.

Restrictions: Children ages 8-16. Older kids can attend if they have attended several years prior, call to get more details.

Translators: Not available

The Rose Theater Performing Arts

2001 Farnam Street
Omaha, NE 68102
Phone: (402) 345-4849
www.rosetheater.org

Description: After school, year-long, one day workshops, and summer drama programs (including special needs programs).

Restrictions: Youth in grades K - 12.

Translators: Not available.

Sibshops (Through Ollie Webb Center, Inc.)

Barbara Weitz Community Engagement Center

6001 Dodge Street

Omaha, NE 68182

Phone: (402) 346-5220

<http://www.olliewebbinc.org/sibshops/>

Description: Program for siblings of children with disabilities to meet peers and obtain peer support. Open to children ages 6-13 and is run by a trained adult sibling facilitator. Attendees will learn how to handle situations commonly experienced by siblings and the implications of their brother or sister's special needs. Cost: \$15 to register and \$125 for 9 sessions over the course of a year.

Restrictions: For ages 6-13. Cost: (Members) \$90 for 9 sessions, \$50 for 5 sessions, \$12.50 for 1 session; (Non-Members) \$125 for 9 sessions, \$60 for 5 sessions, \$15 for 1 session.

Translators: Not available.

YMCA Camps (various locations in Omaha)

1111 East First Street

Papillion, NE 68046

Phone: (402) 339-9861

www.metroymca.org

Description: Day and overnight camps offered. Activities include horseback riding, swimming, archery, crafts, and much more. Counselor training camps are available for youth age 14 and older.

Restrictions: Age restrictions for some camps but overall ages 5-12. Cost varies

Translators: Not available.

YMCA E-Sports

Online Program

Phone: (402) 339-9861

Email: kgay@metroymca.org

<https://metroymca.org/ymca-e-sports>

Description: Offers a private in-person or online competitive online gaming program that is monitored. Available to play virtually from anywhere in the US or in-person at the Charles E. Lakin YMCA. Multi-platform gaming including: Madden, Rocket League, Mario Kart, fortnite, smash bros, and more. Runs for 39 weeks. Cost is \$50 for non-members.

Child Abuse

Child Protective Services (CPS) **ESPAÑOL**

1313 Farnam Street

Omaha, NE 68102

Phone: (402) 471-9272 or (800) 652-1999

www.dhhs.ne.gov/children_family_services/Pages/children_family_services.aspx

Description: The Protection and Safety System works in partnership with other groups to make sure that the abused, neglected, dependent, or delinquent populations that it serves are safe from harm or maltreatment, in a permanent healthy nurturing and caring environment, with a stable family, helped to heal from the harmful effects on their lives, and are no longer threats to their community.

Restrictions: None. Translators: Spanish available.

Project Harmony **ESPAÑOL**

11949 “Q” Street

Omaha, NE 68137

Phone: (402) 595-1326

www.projectharmony.com

Description: Provide effective, immediate and sensitive support to children who are victims or suspected victims of abuse and neglect, and their non-offending family members. A child-centered facility, Project Harmony assembles a multi-disciplinary team composed of law enforcement, investigative, social service, medical and referral professionals dedicated to protecting children and prosecuting offenders. The purpose of the center is to enhance communication among professionals by co-housing in one facility.

Restrictions: Referrals based on parent consent for voluntary program. Participation in Triage program through CPS referral only. Service area includes eastern Nebraska and southwest Iowa. Translators: Spanish available.

Clothing Assistance

Bellevue Clothing Pantry **ESPAÑOL**

206 East 23rd Avenue

Bellevue, NE 68005

Phone: (402) 291-3378

Description: Provides clothing to needy families. Restrictions: Open first and third Tues from 12pm - 4pm. No paperwork needed for services. 1 bag per person – no restrictions. Translators: Spanish available.

Heart Ministry Center

2222 Binney Street

Omaha, NE 68110

Phone: (402) 451-2321

www.heartministrycenter.org

Description: Provides clothing including one pair of shoes and a coat for each household member. Open Wed, Thurs, & Fri from 10am – 1pm. No limit on how many clothes a family can take. Restrictions: Can be accessed once every 30 days. Translators: None available.

Heartland Family Service Career Clothing Closet

6720 North 30th Street

Omaha, NE 68112

Phone: (402) 451-6244

www.heartlandfamilyservice.org

Description: Provides business clothing for employment needs, job interviews, as well as a small wardrobe for starting a job or job training. Restrictions: Recipients must be referred from Heartland Family Service or other agencies, colleges, and shelters. Translators: Not available.

Heartland Hope Mission ESPAÑOL

2021 “U” Street

Omaha, NE 68107

Phone: (402) 733-2077

<http://heartlandhopemission.org/>

Lord of Hosts Church

139th & “Q”

Omaha, NE 68137

Description: Pantry open Tues 6:30pm -7:30pm, Thurs 1:30pm-4pm, Sat 9:30am-12pm. Clothing pantry once every 30 days. Mon – Fri at noon- free sandwich lunch. Restrictions: Must provide Photo ID, Social Security card, utility bill, proof of monthly income, and some form of ID for all members in the household. Translators: Spanish available.

Holy Family Door Ministry

1715 IZARD Street

Omaha, NE 68102

Phone: (402) 779-8499

www.holyfamilyomaha.org

Description: Assistance with food, utilities, rent, clothing & medicine. Open Mon – Thurs. 9am - 1pm, Thurs 9am – 12pm Restrictions: Must provide Social Security card, photo ID and proof of residency. Must call and make an appointment for financial assistance. Limited funds. Translators: Not available.

Juan Diego Center **ESPAÑOL**

5211 South 31st Street

Omaha, NE 68107

Phone: (402) 731-5413

<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Food pantry, family enrichment, immigration legal assistance, microbusiness training and hygiene items. Restrictions: None for clothing. Hours: Mon, Tues, Thurs, Fri 9:30am – 11:30am. Wed 4:00pm – 6:00pm. Translators: Spanish available.

Life Choices (formerly United Family Service)

1835 East Military Avenue #101

Fremont, NE 68026

Phone: (402) 721-5551

www.fremontpregnancy.com

Description: Assists with maternity, infant and toddler clothes. Open Tues and Wed from 12pm - 5pm, Thurs from 8am – 5pm. Restrictions: None, open to all. Translators: Not available.

Marshall Drive Pantry

4845 Marshall Drive

Omaha, NE 68137

Phone: (402) 895-4227

Description: Clothing and food pantry. Open Tues, Wed, Thurs 10am-5pm. Restrictions: Must call before Friday for appointment. Families can access 4 times per year. Translators: Not available.

My Neighbors Closet Thrift Shop

520 South 18th Street

Plattsmouth, NE 68048

Phone: (402) 296-3139

Description: Clothing pantry. Open Thurs-Sat 10am – 2pm. Restrictions: None; open to all. Translators: Not available.

Operation School Bell

3569 Leavenworth Street

Omaha, NE 68105

Phone: (402) 342-4288

www.alomaha.org

Description: Provides one new outfit (jeans, sweatshirt, t-shirt), winter coat and gloves. Restrictions: Must be referred by child's school nurse, school counselor or principal. Kindergarten – 8th grade. Translators: Agency will arrange if needed.

Project Hope

6201 North 60th Street

Omaha, NE 68104

Phone: (402) 453-7649

www.projecthopeomaha.org

Description: Provides coats, clothing & shoes. Open Mon, Wed, and Fri from 11am – 2:45pm. Also has a food pantry. Satellite locations: Holy Cross Lutheran, 4117 Terrace Drive – Open 3rd Thurs of the month 5pm-7pm; St. Matthew Lutheran Church, 1725 S 60th Street – Open 3rd Sat of the month 10am-12pm.

Restrictions: Picture ID, SS card & proof of address needed. Every 30 days, up to 6 times a year.

Translators: Not available.

Reruns R Fun

8501 Granville Parkway

La Vista, NE 68128

Phone: (402) 680-1199

www.rerunsfun.org

Description: Consignment sale with clothing, shoes, furniture, home accessories, small appliances, tools, sporting goods and so much more. Restrictions: Sales occur annually, check website for dates. Translators: Not available.

Salvation Army Material and Seasonal Assistance ESPAÑOL

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 898-5900

www.salvationarmyusa.org

Description: Clothing, food pantry, home furnishings & housing. Emergency heat aid & rent assistance. Pantry open Mon, Tues, Thurs & Fri 9am – 11am & 1pm – 3:30pm. Fans available June – September every other year for those 50 and older or disabled. Restrictions: Must provide Picture ID, Social Security cards, or birth certificate & proof of residence dated within last 30 days. Translators: Spanish available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street

Humbolt, NE 68376

Phone: (402) 862-2411

www.senca.org

Description: Utility and rent assistance, food and clothing pantry. Restrictions: Income guidelines apply. Applicants must have shut off notice or eviction notice. Translators: Agency provides if needed.

St. Vincent de Paul

2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445 or (402) 341-1688
www.svdpomaha.org

Description: Grab bags of clothing, annual coat giveaway. Open Tues and Thurs 9am – 12:30pm.
Restrictions: Two forms of ID needed. Translators: Not available.

Timberlake Outreach Center

2107 East Locus Street
Omaha, NE 68110
(402) 829-1510

Description: Food pantry, clothing, shoes, furniture, diapers, toiletries. Open Tues - Sat from 9:30am - 5pm. Restrictions: need photo ID, proof of address and SS card. Clothing and food every 30 days. Appliances and furniture are accessible once every 6 months. Translators: Not available.

Together Inc.

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047 ext. 204
www.togetheromaha.org

Description: Food pantry, clothing, furniture, infant care, transportation, medical prescriptions, birth certificates, rent or mortgage help, various seasonal services. Restrictions: Clothing once every 2 weeks, Food Pantry once every 30 days. Hours: Mon- 10am- 4:30pm, Tues/Thurs – 9am - 4:30pm and Fri – 9am - 2pm. Translators: Not available.

Trans Stitchin

7701 Pacific Street Suite 208
Omaha, NE 68114
Phone: (402) 201-6940
<https://maddelynbal.wixsite.com/transstitchin>

Description: Free clothing closet provides gender affirming clothing, shoes, undergarments, accessories and makeup. Restrictions: Only open Saturdays 10am-1pm and by appointment. Translators: Not available

Disabilities

Angel Guardians

15677 Spaulding Street

Omaha, NE 68116

Phone: (402) 614-8202

www.angelguardians.org

Description: Provides services to improve the quality of life for special-needs teens and adults in the areas of housing, employment, fitness, socialization and recreation.

Restrictions: Limited to teens and adults with cognitive and developmental disabilities.

Translators: Not available.

Autism Society of Nebraska

PO Box 83559

Lincoln, NE 68501

Phone: (800) 580-9279

www.autismnebraska.org

Description: The mission of the Nebraska Affiliate of the Autism Society of America is to support and advocate for individuals with autism spectrum disorders and their families.

Restrictions: None.

Translators: Not available.

The Community Supports Network, Inc.

5022 S 114th Street, Suite 100

Omaha, NE 68137

Phone: (402) 827-7652

<https://www.thecsnetwork.com/>

Description: Support people with mental health needs and/or developmental disabilities to gain skills, knowledge and experience to increasingly use and benefit from the resources and settings available to all citizens in our community.

Restrictions: Disabled persons.

Translators: Agency will arrange as needed.

Disability Claim Consultants

7911 "L" Street
Omaha, NE 68127
Phone: (402) 422-1000
www.dccomaha.com

Description: Assists with completing social security, disability, SSI applications. Information regarding claims and appeal process.

Translators: Not available.

Educational Service Unit #3 (ESU3)

6949 South 110th Street
La Vista, NE 68128
Phone: (402) 597-4800
www.esu3.org

Description: Preschool services for children with disabilities aged 0 - 5. School services for children with disabilities ages 6 - 21. Services coordination for families of children with disabilities aged 0 - 3.

Restrictions: Must have a disability.

Translators: Agency will arrange as needed.

Supported Employment (Career Solutions & Ollie Webb)

1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220
www.olliewebbinc.org/employment-program/

Description: Intensive job search process for people with disabilities. Increase employability skills, practice interviewing skills, strengthen social skills, build self-esteem.

Restrictions: Applicants must have disability in order to apply and be over 18. Registration fee with payment options available.

Translators: Agency may provide if needed.

League of Human Dignity

5513 Center Street
Omaha, NE 68106
Phone: (402) 595-1256
www.leagueofhumandignity.com

Description: Organization of people concerned about the rights and quality of life for people with disabilities. League members collaborate to ensure social, economic, and political equality for persons with disabilities. We believe in emphasizing likeness not difference, ability not disability, normality not abnormality, and integration not segregation. We work toward independent living for people who have disabilities.

Restrictions: The office serves Omaha area.

Translators: Agency will provide as needed.

Munroe Meyer Institute ESPAÑOL

444 South 44th Street
Omaha, NE 68105
Phone: (402) 559-6418
www.unmc.edu/mmi

Description: Provides diagnostic evaluations, speech, physical, occupational and behavioral therapy. Also provides education and training to individuals and professionals

Restrictions: Services are for children.

Translators: Spanish available.

PRISM Ollie Webb Center

1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220
www.olliewebbinc.org

Description: Project provides families of children and adults with developmental disabilities support and informational programs seven times a year. Designed to help families get the emotional support and information they need to best care for their child with a developmental disability.

Restrictions: Must have a developmental disability to be eligible for services.

Translators: Not available.

Social Security Administration

604 North 109th Court
Omaha, NE 68154
Phone: (800) 772-1213
www.ssa.gov

Description: Social Security Disability benefits, Supplemental Security Income (SSI) for aged, blind and disabled.

Restrictions: Disabled persons.

Translators: Office will arrange as needed.

Stones Worth Stepping

600 North 93rd Street #100
Omaha, NE 68114
Phone: (402) 391-2001
www.stonesworthstepping.com

Description: Children with special needs, including autism and developmental delays, may benefit from our unique therapeutic approach. Pediatric therapy consists of improving sensory processing, upper/lower extremity strength, postural stability, gross motor skills/coordination, motor planning/praxis, fine motor coordination & handwriting skills, and oral motor skills.

Restrictions: Children with disabilities.

Translators: Not available.

Domestic Violence

The Bridge **ESPAÑOL**

141 South Union Street
Fremont, NE 68025
Phone: (402) 721-4340
Crisis Hotline: (402) 727-7777
24 hour Crisis Hotline: (888) 721-4340
www.bridgefromviolence.com

Description: Assists victims of domestic violence & sexual assault and their families. Services are free and confidential. Agency serves Dodge, Burt, Cuming, Washington and Saunders counties. Restrictions: None. Translators: Spanish available.

Catholic Charities: The Shelter

Mailing Address: PO BOX 4520, Omaha, NE 68104
Undisclosed Physical Address
Phone: (402) 554-0520
24/7 CRISIS Hotline: (402) 558-5700
www.ccomaha.org

Description: Twenty abused women and children live together at The Shelter in a secure, home-like atmosphere. The Shelter is the only shelter in Omaha focused exclusively on domestic violence with a child advocate. Restrictions: Length of stay is generally 28 days. Translators: Use language line as needed.

Catholic Charities: Phoenix House **ESPAÑOL**

Undisclosed address
Phone: (712) 328-0266 or (888) 612-0266
www.ccomaha.org

Description: 24-hour emergency shelter, crisis phone line, court advocacy, educational groups and o

Child Saving Institute

Family Empowerment Program
4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000

Description: A program to help parents/caregivers and their children who are survivors of domestic violence in the Omaha-metro area. The curriculum allows for parents/caregivers and their children to process past trauma and properly heal in order to rebuild a brighter, happier future. Parents and caregivers attend classes while children and youth engage in fun, interactive activities proven to address, process and heal trauma. Restrictions: Youth ages 4-13 (and parents/caregivers). Translators: Some Spanish speaking staff.

Crisis Center-Blair

810 N. 22nd Street

PO Box 674

Blair NE 68008

Office: 402-533-4411

Description: Outreach to underserved populations.

Restrictions: None.

Translators: Spanish available.

Douglas County Offices, Clerk of the District Court, Protection Orders

300 Hall of Justice

Omaha, NE 68102

Phone: (402) 444-7018

Description: City & County administrative agency assists with protection orders. Translators: Agency will arrange as needed.

Douglas County Attorney – Domestic Violence Unit ESPAÑOL

1701 Farnam St #101

Omaha, NE 68183

(402) 444-3808

<https://countyattorney.douglascounty-ne.gov/domestic-violence-unit>

Description: The purpose of the Douglas County Domestic Violence Prosecution Unit is to provide a specialized group of trained prosecutors and support staff to aggressively prosecute Domestic Violence crimes. Translators: Agency will arrange if needed.

Friendship Home

P.O. Box 85358

Lincoln, NE 68501

Phone: (402) 437-9302

www.friendshiphome.org

Description: Emergency, temporary shelter & support for abused women & their children. Staff will arrange for transportation to the shelter (location not disclosed). Some clothing & infant items available. Serves all counties. Restrictions: Services are available to any woman who has been or identifies herself as being abused either physically, emotionally, or sexually. Translators: Accepts non-English speakers.

**Heartland Family Service
Central Office**

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000

www.heartlandfamilyservice.org

302 American Parkway
Papillion, NE 68046
Phone: (402) 291-6065

To schedule an intake, call (402) 553-3000
Domestic Abuse Program: (402) 291-6065
Safe Haven Domestic Violence Shelter: (800) 523-3666
24-hour Crisis Line: (800) 523-3666

Description: *Choosing Non-Violence Batterers' Group*, children's support groups, counseling, criminal justice advocacy, community education & training, comprehensive emergency services (includes assistance with food, transportation, and medical services), *Safe Haven Shelter* (residents may stay up to two years while they stabilize their living situation). Call Intake number for location of DV groups and support. Restrictions: None noted. Translators: Services coordinated with Latino resource center as needed.

Domestic Violence Hotlines

National Domestic Violence Hotline: 1-800-799-SAFE (7233)

Rape, Abuse and Incest National Network: 1-800-656-HOPE (4673)

National Teen Dating Abuse Helpline: 1-866-331-9474

Nebraska Domestic Violence/Sexual Assault Referral Line
Hotline: 800-876-6238

Lydia House

2809 North 20th Street East
Omaha, NE 68110
Phone: (402) 829-1531

www.opendoormission.org

Description: Sanctuary for victims of domestic violence. Restrictions: Women only. Translators: Agency will arrange if needed.

Native American Domestic Violence/Sexual Assault Program

Ponca Tribe of Nebraska
Andrea Rodriguez
2523 Woodbine Street P.O. Box 288
Niobrara, NE 68760
Office : 402-857-3391 – Niobrara
Email: arodriguez@poncatribene.org
402-371-8834 – Norfolk area
402-438-9222 x204 – Lincoln area
402-734-5275 x3618 – Omaha area
712-258-0500 – Sioux City area

The Nebraska Coalition to End Sexual and Domestic Violence

245 S. 84th Street #200
Suite 200
Lincoln, NE 68510
Phone (402) 476-6256
<https://www.nebraskacoalition.org/>

Description: The Nebraska Coalition to End Sexual and Domestic Violence is a statewide advocacy organization committed to the prevention and elimination of sexual and domestic violence. We work to enhance safety and justice for victims of domestic violence, sexual assault, and human trafficking by supporting and building upon the services provided by our network of local programs.

Omaha Fire Stations

Several locations throughout the metro.
<https://www.omaha-fire.org/fire-stations>

Description: All fire stations in the metro area serve as Safe Houses for immediate protection until police arrive.

Sarpy County Victim/Witness Unit

Hall Of Justice
1210 Golden Gate Drive, Suite 1420
Papillion, NE 68046
Phone: (402) 593-2201
<https://www.sarpy.gov/434/victim-witness>

Description: The Victim/Witness Unit is a free public service offering information, practical assistance, and counseling referrals to victims of crime in the Sarpy County area. The office is open Mon.-Fri. 8am-4:45pm. Translators: Use language line as needed.

Vine Link

1-877-634-8463 /1-877-NE-4-VINE

<https://www.vinelink.com/classic/#/home/site/28000>

Description: The system is called Victim Information and Notification Everyday (VINE). VINE provides all victims of crime and others, continuous access to vital inmate information over the telephone or by email notification. By calling a toll free number or going to the website a crime victim, or anyone, can determine current status of a person or register to be automatically notified of the release, transfer or escape of an inmate.

Women's Center for Advancement - Women Against Violence

3801 Harney Street

Omaha, NE 68131

General Information: (402-345-6555

24/7 Crisis Hotline: (402) 345-7273

www.wcaomaha.org

Description: 24-hour confidential hotline available to victims, families & friends of domestic violence, rape, child sexual abuse. Provides information, referrals & emotional support. Can arrange for emergency transportation to a shelter and arrange for medical advocates to meet victims at hospitals. Translators: Volunteers can connect callers with someone who speaks Spanish. Callers who speak other languages can be served through the YWCA Omaha office during regular business hours.

Women's Fund of Omaha

Domestic Violence Council

Christon MacTaggart

1111 N. 13th Street, #106

Omaha, NE 68102

Office : 402-827-9280

Email :

cmactaggart@omahawomensfund.org

Description: The Women's Fund is working collaboratively to ensure that together, we are creating a community where women are free from violence—including sex trafficking, domestic violence, sexual harassment and sexual assault.

Drug Testing**Arc Point Labs**

310 Regency Pkwy #110,

Omaha Nebraska 68114

Phone: (402) 505-9191

Description: Offers health and wellness panels, STD testing, DNA testing, drug and alcohol testing, paternity testing, and covid-19 testing. Also offers Flu and covid-19 vaccines.

Fastest Labs

10731 Mockingbird Drive

Omaha, NE 68127

(402) 695-4141

<https://www.fastestlabs.com/omaha/>

Description: Offers drug, alcohol, DNA, and DOT testing. Walk-ins welcome.

Midwest Minor Medical

8610 West Dodge Road

Omaha, NE 68114

Phone: (402) 827-6511

14104 "S" Street

Omaha, NE 68137

Phone: (402) 964-2332

18210 Wright Street

Omaha, NE 68114

Phone: (402) 614-6368

www.midwestminormedical.com

Description: "Quick test" drug screen results in 5 minutes. "Lab based" drug screen results in 24 - 48 hours. Walk-ins accepted. Restrictions: Costs range from \$55 5 panel, \$65 witness testing. Translators: Not available.

Owens Companies ESPAÑOL

7415 North 30th Street

Omaha, NE 68112

Phone: (402) 451-8404

www.theowenscompanies.com

Description: In-home drug tests (charges 40 cents per mile) \$75 per test. 12 panel testing can be done supervised or unsupervised. Results next business day.

Translators: Spanish available.

Pathfinder Support Services

212 East 8th Street

Fremont, NE 68025

Phone: (402) 721-2880

www.pathfinderserv.com

Description: Offers urinary analysis screen with 12 panel tests, masking and adulteration testing, 80 hour alcohol lab confirmed testing, K2 and synthetic marijuana testing, designer stimulant testing, drug sweat patch testing, hair follicle testing, mouth swab screen, and breathalyzer testing.

Translators: Spanish available.

Early Childhood Development

Blair Community Schools- Early Childhood Education

Deerfield Primary School

1100 Deerfield Blvd

Blair, NE 68008

Phone: (402) 427-2412

www.blairschools.org

Description: Preschool for children 3-5 years old. Must be at least 3 but not yet 5 by July 31st to be considered for enrollment. Morning or afternoon programs available (no full day sessions). Monday-Thursday.

Early Childhood Training Center ESPAÑOL

6949 South 110th Street

La Vista, NE 68128

Phone: (402) 557-6880 or (402) 557-6893

<http://www.education.ne.gov/oec/ectc.html>

Description: Audiovisual and print materials are provided as support for early childhood professionals across all disciplines to support the needs of trainers and to provide opportunities for all those who work with young children and their families. Child Line provides information, resources and support concerning early childhood care & education.

Translators: Some Spanish printed material is available, and some Braille as well.

Early Interventions

1401 Gold Coast Road Suite 600

Papillion, NE 68048

Phone: (402) 597-9378

Description: Offers Psychiatric evals, psychotherapy and play therapy, help with behavioral and mood disorders, and psychopharmacology.

Translators: Not available.

Easter Seals

12565 West Center Road, Suite 100
 Omaha, NE 68144
 Phone: (402) 462-3031
www.ne.easterseals.com

Description: Offer week-long summer camps, weekend respite camps, and day-camps.

Restrictions: Campers with a disability ages 5+.

Translators: Not available.

Head Start ESPAÑOL

3215 Cuming Street, Rm. 3-136
 Omaha, NE 68131
 Phone: (531) 299-0303

(Cass County)
 902 Main Street
 Plattsmouth, NE 68048
 Phone: (402) 296-5250

(Dodge County)
 1024 West 23rd Street
 Fremont, NE 68025
 Phone: (402) 721-9022

(Sarpy County)
 701 Olson Drive, Suite 111
 Papillion, NE 68046
 Phone: (402) 339-6592

Description: Programs promote school readiness by enhancing the social & cognitive development of children through the provision of educational, health, nutritional, social & other services to enrolled children and families.

Restrictions: Services available for children ages 0 – 3 and low-income families.

Translators: Spanish available.

Kid Squad

4545 Dodge Street
 Omaha, NE 68132
 Phone: (402) 553-6000
<https://kidsquadsupport.com/Services.html>

Description: Behavioral consultants provide training for parents and child care providers in childcare setting to help young children develop positive behavioral skills. This is a cooperative program provided by the Center for Holistic Development, Child Saving Institute, Early Childhood Training Center, Heartland Family Service, Lutheran Family Services, Behave' N, Region 6, and Munroe-Meyer Institute

Restrictions: Program serves children age 5 or under in Douglas and Sarpy Counties.

Translators: Not available.

Nebraska Children's Home Society

4939 S 118th Street
Omaha, NE 68137
Phone: (402) 451-0787
<https://nchs.org/>

Description: Early education centers offer a pre-kindergarten readiness program for youth children ages birth-5 years old.

Restrictions: Children ages birth-5 years old.

Translators: Not available.

Employment

Aureus Group

13609 California Street
Omaha, NE 68154
(402) 891-6900
www.aureusgroup.com

Description: Employment recruitment and placement. Begins with a comprehensive skills assessment followed by a personal interview and a personal reference check.

Translators: Not available.

Aurstaff

13609 California Street #120
Omaha, NE 68154
Phone: (402) 895-4422
www.aurstaff.com

Description: Assesses skills, needs, and expectations and matches you with a career/job.

Translators: Not available.

Boys and Girls Clubs of Omaha

2610 Hamilton Street (North)
Omaha, NE 68131
Phone: (402) 342-2300
www.bgcomaha.org

5051 South 22nd Street (South) **ESPAÑOL**
Omaha, NE 68107
Phone: (402) 733-8333

Description: Education & career development programs, job training, career preparation, and job shadowing.

Restrictions: Available to children ages 5- 18.

Translators: Spanish available at South location.

Ollie Webb Center**ESPAÑOL**

Supported Employment

1941 South 42nd Street, Suite 122

Omaha, NE 68105

Phone: (402) 346-5220

<https://www.olliewebbinc.org/employment-program/>

Description: Career and job development, placement and on-going support.

Restrictions: Services are available for persons with developmental disabilities.

Translators: Spanish available.

Celebrity Staff1010 North 102nd Street

Omaha, NE 68114

Phone: (402) 938-2000

www.celebritystaff.com

Description: Offers a comprehensive skills assessment followed by a personal interview and a verification of work history.

Translators: Not available.

Easter Seals

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 462-3031

www.ne.easterseals.com

Description: Job training & employment services, entry or re-entry of the workforce, farmer/rancher specific rehabilitation and case management.

Restrictions: Disabled persons.

Translators: Not available.

Goodwill Industries (Douglas & Sarpy Counties)**ESPAÑOL**4805 North 72nd Street

Omaha, NE 68135

Phone: (402) 341-4609

www.goodwillomaha.org

Description: Job seeking skills and training for people with disabilities and/or economically disadvantaged, career counseling.

Restrictions: Persons ages 16 and up in Douglas & Sarpy Counties.

Translators: Spanish available.

Job Corps

5752 Ames Ave
Omaha, NE 68104

<https://www.jobcorps.gov/>

Description: Job training and education. Restrictions: age 16 - 24, low income.

Translators: Not available.

Latino Center of the Midlands ESPAÑOL

4821 South 24th Street

Omaha, NE 68107

Phone: (402) 733-2720

www.latinocenterofthemidlands.org

Description: Offers workforce prep workshops where students can learn to build a resume, apply for jobs online, and prepare for interviews. Also offers classes on English and Spanish language learning, Pre-GED, GED, technology basics (basic computer use, internet use, and google workspace and Microsoft), and U.S. citizenship preparation.

Translators: Spanish available.

Refugee Empowerment Center

The Master 1111 North 13th Street Suite 128

Omaha, NE 68102

Phone: (402) 554-0759

www.refugeempowerment.org

Description: Job placement and training. Offers cultural orientation training that teaches refugees working in the United States, taxes, how to keep and properly quit a job, and more. Also offers additional resources such as help with resettlement and placement, finding communities, and more.

Restrictions: services are for refugees.

Translators: Agency will provide as needed.

Urban League of Nebraska

3040 Lake Street

Omaha, NE 68111

Phone: (402) 453-9730

www.urbanleagueneb.org

Description: Urban Youth Empowerment Services (STEP-UP Omaha!) program designed to engage at-risk youth and young adults who face barriers to staying in school, finding stable employment, or help finding internships. There are also other programs available to help gain employability, such as the Career Bootcamp.

Restrictions: STEP-UP Omaha! youth 14-18 and youth adults 18-21. Career Bootcamp: 18 years and older, high school diploma, and 6 months of continuous job experience.

Translators: Not available.

VODEC

7110 F Street
Omaha, NE 68117
Phone: (402) 455-4648
www.vodec.org

Description: Vocational Development Center (VODEC) is a private, non-profit 501 (c)(3) corporation founded in 1968. Provides vocational, residential, and day services for persons with disabilities or mental illnesses.

Restrictions: Age limits for some programs.

Translators: Not available.

Vocational Rehabilitation – Nebraska Department of Education

1313 Farnam on the Mall	12011 “Q” Street
Omaha, NE 68102	Omaha, NE 68137
Phone: (402) 595-2100	Phone: (402) 595-1212

<https://www.education.ne.gov/arra/vocational-rehabilitation/>

Description: Vocational counseling, job placement, custom training, assistive technology, transition from school to work.

Restrictions: Participants must have a disability (mental, speech, hearing, cardiovascular, respiratory, immunological, movement related, or other.).

Translators: Can be arranged

Financial Assistance

GreenPath **ESPAÑOL**

8031 West Center Rd., Suite 204	5000 Central Park Dr., Suite 207
Omaha, NE 68124	Lincoln, NE 68504
Phone: (800) 550-1961	

www.greenpath.com/cccsn

Description: Credit education, confidential counseling, and debt management, credit reports, and housing education. Restrictions: None. Translators: Spanish available.

Nebraska Department of Health and Human Services **ESPAÑOL**

301 Centennial Mall South
Lincoln, NE 68509
Phone: (402) 471-3121
www.dhhs.ne.gov

Description: Emergency assistance, financial assistance. Restrictions: Participants must fall under agency’s income restrictions. Translators: Spanish available.

Fire Safety/Smoke Detectors

Cass County

Avoca Fire Department

Phone: (402) 275-3345

Description: Free smoke detectors to Avoca residents.

Elmwood Volunteer Fire & Rescue

Phone: (402) 994-2015

Description: Free smoke detectors to Elmwood residents, will install if needed.

Greenwood Fire and Rescue

Phone: (402) 789-3360

Description: Free smoke detectors, will install if needed.

Murdock Volunteer Fire Department

Phone: (402) 867-3401

Description: Free smoke detectors available, will install if needed.

Murray Fire and Rescue

Phone: (402) 235-2492

Description: Free smoke detectors to Murray residents.

Plattsmouth Volunteer Fire Department

Phone: (402) 296-6041

Description: SENCA office will provide smoke detectors if needed.

Dodge County

Dodge Volunteer Fire Department

Phone: (402) 693-2491

Description: Free smoke detectors available to families in this fire district.

Fremont Fire Department

Phone: (402) 727-4369

Description: Free smoke detectors to Fremont residents, will also install & check batteries. Also has specialized visual smoke alarms for members of the Deaf and Hard of Hearing community.
Restrictions: Must be a senior citizen or a low-income or physically challenged individual.

Hooper Volunteer Fire Department

Phone: (402) 654-2336

Description: Free smoke detectors and batteries.

Nickerson Volunteer Fire Department

101 N Maple St
Nickerson, NE 68044
Phone: (402) 721-8948

North Bend Volunteer Fire Department

140 W. 7th Street
North Bend, NE 68649
Phone: (402) 652-8161

Scribner Volunteer Fire Department

304 3rd Street
Scribner, NE 68057
Phone: (402) 664-3400

Douglas County

Bennington Volunteer Fire and Rescue

Phone: (402) 238-2727

Description: Free smoke detectors available, will check existing detectors and install new detectors.

Elkhorn Suburban Fire Department

Phone: (402) 289-4422

Description: Free smoke and carbon dioxide detectors. All are installed. Free battery replacement Omaha and Elkhorn residents.

Juvenile Fire Starter Program

Omaha Fire Department

1516 Jackson Street

Omaha, NE 68102

Phone: (402) 444-3560

www.omaha-fire.org/juvenile-fire-starters

Description: Education program for those 8 - 18 years of age that teaches the power of fire, the consequences of playing with fire, fire prevention and how to survive a fire. For children ages 3 – 7, the education program teaches fire safety based on The Learn Not To Burn Program. Parents are provided information on building character in children, fire prevention and survival.

Restrictions: Programs have age restrictions.

Translators: Not available.

Omaha Fire and Rescue

Phone: (402) 444-3560

Description: Free smoke and carbon dioxide detectors. All are installed. Free battery replacement for Omaha and Elkhorn residents.

Ralston Volunteer Fire and Rescue

Phone (402) 331-5369

Description: Free smoke and carbon dioxide detectors to Ralston residents. All detectors are installed.

Sarpy County

Bellevue Volunteer Fire Department

Phone: (402) 293-3153

Description: One free smoke detector per household, will install. Bellevue residents only. Also provides a free fire setter class.

Gretna Volunteer Fire and Rescue

Phone: (402) 332-3336 ext. 352

Description: Free smoke detectors to Gretna residents, will install if needed.

Papillion Fire and Rescue Department

Phone: (402) 339-8617

Description: Free smoke detectors to Papillion residents, will install.

Washington County

Arlington Volunteer Fire and Rescue

Phone: (402) 478-4163

Description: Free smoke detectors, will install if requested.

Fort Calhoun Fire and Rescue

Phone: (402) 468-5861

Description: Free smoke detectors to residents of Fort Calhoun, will install.

Food Pantries

Bellevue Human Services

1500 Wall Street

Bellevue, NE 68005

Phone: (402) 293-3138

<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Open by appointment, Monday - Friday from 8am – 4:30pm. Emergency situations - loss of job, illness, etc. Restrictions: Bellevue residents only, need SS #, picture ID, proof of residence. Translators: Not available.

Benson Baptist Church

6319 Maple Street

Omaha, NE 68104

Phone: (402) 551-1512

<http://www.omahabbc.com/get-connected>

Description: Open last Saturday of each month, 9am - 12pm. Restrictions: Omaha residents only, need SS # and picture ID. Translators: Not available.

First Lutheran Church Pantry

542 South 31st Street

Omaha, NE 68105

Phone: (402) 345-7506

Description: Tuesday 1pm-4pm, Every 3rd Saturday from 10am-2pm. Can be accessed once every 30 days. 3-5 day supply of food. Restrictions: Residents of Omaha & surrounding areas. Need SS card, proof of residence & photo ID/Consulate Card. Translators: Not available.

Good Neighbor Ministries

1555 South 27th Street
 Omaha, NE 68105
 Phone: (402) 616-1250

Description: Available by appointment only, require volunteer hours. Open Mon - Fri from 8:30am - 5pm. Restrictions: Serves the Columbus Park area, 20th – 32nd Streets, between Martha & Harney. Need SS #, picture ID, and proof of residence. Translators: Not available.

Heart Ministry Center

2222 Binney Street
 Omaha, NE 68110
 Phone: (402) 451-2321

www.heartministrycenter.org

Description: Food Pantry. Open Tues 10am-1pm, Wed and Fri 10am - 1pm, and Thurs 10am – 1pm (seniors only), Sat 9am-12pm. Restrictions: Can be once every 30 days. Access to the clothing closet is limited to 10 minutes. Need photo ID, SS card for each household member and a bill with home address. Translators: Not available.

Heartland Family Service -Comprehensive Emergency Services

2101 South 42nd Street
 Omaha, NE 68105
 Phone: (402) 553-3000

302 American Parkway
 Papillion, NE 68046
 Phone: (402) 291-6065

www.heartlandfamilyservice.org

Description: Food pantry by appointment only. Ages 60+, recommend \$4/meal. Rent and utility assistance also available. Restrictions: Agency has income and residence guidelines, call for specifics. Translators: Not available.

Heartland Hope Mission ESPAÑOL

South Omaha Pantry
 2021 “U” Street
 Omaha, NE 68107
 Phone: (402) 733-2077

Millard Pantry
 5321 S. 139th Plaza
 Omaha, NE 68137

<http://heartlandhopemission.org/>

Description: South Omaha location hours: Tues. 6:30p,-7:30pm, Thurs. 1:30pm-4:00pm, and 2nd and 4th Sat. 9:30am-12:00pm. Millard location hours: 2nd Sat. of each month 10:30am-11:30am. Can be accessed every 30 days or monthly for volunteers. Households where everyone is a senior (ages 60 or older) or disabled (proof of disability required) can visit the pantry twice a month. Restrictions: Must provide photo ID, SS card for adults, proof of address and income. Translators: Spanish available.

Holy Family Door Ministry

1715 IZARD STREET
OMAHA, NE 68102
PHONE: (402) 779-8499
www.holyfamilyomaha.org

Description: Food Pantry, Mon- Thurs 9am – 12pm. Utilities, rent, and medicine assistance when funds are available. Clothing, Mon- Thurs 9am – 12pm. Restrictions: Need Social Security card, Medicaid or Medicare cards for each person in family and a picture ID. Translators: Not available.

Holy Name

2901 FONTENELLE BOULEVARD
OMAHA, NE 68104
PHONE: (402) 451-6622

Description: Provides food to persons residing in parish boundaries, call to make appointment. Restrictions: Must live between 36th & 52nd Street, between Blondo & Sorenson Parkway. Translators: Not available.

Joseph's Coat

1737 WASHINGTON STREET
BLAIR, NE 68008
PHONE: (402) 426-0440
<http://www.josephscoat.org/services-programs/>

Description: Food pantry open Mon, Tues, Thurs, and Fri from 10am - 3pm (closed from 12:30pm-1:00pm). Sat from 9am – 11:30am. Can only be accessed once a month. Closed on major holidays. Restrictions: Services available to Washington County residents. Must be eligible for Medicare/Medicaid, SSI, WIC, or Food Stamps, be a senior citizen, or a single parent with sole custody of the children.. Translators: Available, must be scheduled ahead of time if necessary.

Juan Diego Center **ESPAÑOL**

5211 SOUTH 31ST STREET
OMAHA, NE 68107
PHONE: (402) 731-5413
<http://www.ccomaha.org/program-and-services/emergency-and-supportive-food>

Description: Open Mon, Tues, Thurs, Fri from 9:30am-11:30am and Wed 4pm - 6pm. Can be accessed every 3 months. Restrictions: Proof of residence and picture ID required. Translators: Spanish available.

Kountze Memorial Lutheran Church

2650 Farnam Street
Omaha, NE 68131
Phone: (402) 341-7761
www.kmlchurch.org

Description: Food pantry open Mon. from 10am - 1pm. Temporary additional day Friday 5pm-7pm
Closed on Holidays and school closings. Restrictions: Open to anyone but can only be accessed once a week. Need either driver’s license or SS card. Translators: Not available.

Marshall Drive Pantry

4845 Marshall Drive
Omaha, NE 68137
Phone: (402) 895-4227
www.mdbcomaha.com

Description: Clothing and Food pantry. Open Fri 9:00am - 5pm. Restrictions: Must call before Friday for an appointment. Can access 4 times a year. Translators: Not available.

Pet Food Pantries

Nebraska Humane Society

8929 Fort Street
Omaha, NE 68134
Phone: (402) 444-7800

Town and Country Humane Society

14110 S. 84th Street
Papillion, NE 68046
Phone: (402) 339-5355

Our Savior’s Lutheran

Food and Pet Pantry
313 Story St.
Council Bluffs IA, 51503
Phone: (402) 322-6655

Project Hope

6201 North 60th Street
Omaha, NE 68104
Phone: (402) 453-7649
www.projecthopeomaha.org

Holy Cross Lutheran Church
4117 Terrace Drive
Omaha, NE 68134

St. Matthew Lutheran Church
1725 S. 60th St.
Omaha, NE 68106

Description: Emergency food pantry accessible every 30 days up to 6 times a year. Open Mon, Wed, Fri 11am-2:45pm at Project Hope, third Thurs. of each month 5pm-7pm at Holy Cross, and third Sat. of each month 10am-12pm at St. Matthew. Also provide clothing. Restrictions: Picture ID, SS card, proof of address needed. Translators: Not available.

Salem Food Pantry

3120 Lake Street
Omaha, NE 68110
Phone: (402) 505-9973

Description: Pantry is open Mon- Thurs 8am-5pm. Restrictions: Closed the first full week of every month.
Translators: Not available.

Salvation Army Material and Seasonal Assistance ESPAÑOL

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Burrows Center
6101 NW Radial Hwy
Omaha, NE 68104

Description: Clothing, food, home furnishing, and housing. Emergency heat aid. Food Pantry hours: Mon., Tues., Thurs., Fri., 9am-11am and 1pm-3:30pm at the Burrows Center. Restrictions: Need picture ID, SS cards or birth certificate, proof of residence in last 30 days. Pantry can be accessed every 30 days.
Translators: Bi-lingual staff.

Salvation Army- Fremont

707 North "I" Street
Fremont, NE 68025
Phone: (402) 721-0930
www.salvationarmyusa.org

Description: Food pantry. Monday-Friday 11:15am-1pm. Kids age 1-18. Also provide utility, rent and prescription assistance. Restrictions: Agency has income guidelines. Translators: Not available.

Share Iowa ESPAÑOL

Phone: (800) 344-1107
Pick up sites in Omaha, Plattsmouth, Fremont, Bellevue, and Blair.
www.shareiowa.com

Description: Offers grocery packages (frozen meats, fresh fruits & vegetables and convenience foods) at half the retail cost in exchange for 2 hours of volunteer service - any good deed qualifies. Additional packages, including meat packages are also available. You can pay for your SHARE packages with cash or EBT/food stamps. Restrictions: None, no income guidelines. Translators: Spanish brochure available.

SNAP (food Stamp) outreach- at Food Bank for the Heartland ESPAÑOL

10525 J Street
Omaha, NE 68127
Phone: (402) 331-1213
www.foodbankheartland.org

Description: Offers personal assistance in applying for and maintaining SNAP (food stamp) benefits. Provides information on SNAP eligibility, requirements and the application process. Call toll free number between 8am & 4pm Mon- Fri. to receive assistance or set up an in-person or telephone appointment. Restrictions: Services Omaha and surrounding areas, Northeast Nebraska, South Central Nebraska and Western Nebraska. Open to all who come free of charge. Items are first come first served. Translators: Spanish translators available.

St. Benedict the Moor ESPAÑOL

2423 Grant Street
Omaha, NE 68111
Phone: (402) 348-0631

Description: Open Wed from 10am - 1pm. Can be accessed 4 times a year. Restrictions: Available to residents within parish boundaries, 16th to 40th Sts. between Cuming and Pinkney. Need picture ID, proof of residence, SS #. Translators: Spanish available.

St. Cecelia's Cathedral

701 North 40th Street
Omaha, NE 68131
Phone: (402) 551-2313

Description: Open Mon - Fri 8am-3pm, can be accessed 4 times a year. Family calls in information and food is delivered to their homes. Restrictions: Must reside in parish area, 30th to 50th Streets between Leavenworth and Blondo. Need proof of residence, picture ID, and SS #. Translators: Not available.

St. Martin de Porres

2417 Burdette Street
Omaha, NE 68110
Phone: (402) 341-4004

Description: Open every Mon 9am-1pm, Tues 12:30pm-4:30pm, and Fri 9am-1pm. Can be accessed every 30 days. Restrictions: Serves people from all areas. Need SS #, proof of residence, and picture ID, call for approval. Translators: Not available.

St. Vincent de Paul

2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 341-1688
www.svdpomaha.org

Description: Utility and rent assistance. Food pantry and clothing also available. Hours: Tues-Thurs 9am-12pm. Restrictions: Must provide two forms of ID. Translators: Not available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street
Humbolt, NE 68376
Phone: (402) 862-2411
www.senca.org

Description: Food & clothing pantry. Utility and rent assistance. Restrictions: Agency has income guidelines. Need shut off notice for utility assistance, must have eviction notice for rent assistance. Translators: Agency provides as needed.

Table Grace Cafe

1611 ½ Farnam Street
Omaha, NE 68102
Phone: (402) 708-7815
www.tablegracecafe.com

Description: To foster a healthy community by offering great food prepared and served in a graceful manner to anyone who walks through the door. Open Mon-Sat 11am – 2pm. Gourmet Pizza, Salad and Soup, different dishes prepared daily fresh and organic ingredients when available. Funded by donation box, patrons may donate or serve. Restrictions: None. Translators: None

Timberlake Outreach Center

2107 East Locus Street
Omaha, NE 68110
Phone: (402) 829-1510

Garland Thompson Men's Center
2705 N 20th St. E
Omaha, NE 68110

Description: Food pantry, clothing, shoes, furniture, diapers, toiletries. Monday-Sunday 11am-1pm @ Garland Thompson Men's Center. Restrictions: Need SS#, picture ID and proof of address. Translators: Not available.

Together Inc.

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047 ext. 204
Call 402-850-3759 for information on delivery available and eligibility
www.togetheromaha.org

Description: Open Mon-Thurs 10am-3:30pm. Friday 10am-2pm Also has household items and clothing. Will do a one time delivery. Restrictions: Residents of Douglas, Sarpy, Pottawattamie Counties. Need proof of residence (mail dated in last 30 days), photo ID, and SS #. Translators: Not available.

Westside Church Food Pantry ESPAÑOL

15050 West Dodge Road
Omaha, NE 68154
Phone: (402) 496-7833

Description: Open Mon, Wed, Fri from 1pm - 3pm. Can be accessed 4 times a year. Prior notice is needed, along with # of family members. Restrictions: Serves all counties, available by appointment only. Translators: Spanish available on a part time basis.

WIC ESPAÑOL

735 North 120 th Street Omaha, NE 68154 Phone: (402) 444-6800	1941 South 42 nd Street, Suite 412 Omaha, NE 68105 Phone: (402) 595-2284
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Description: Help with food for pregnant women & children up to 5 years old. Restrictions: Income restrictions apply. Translators: Spanish available.

Foster Care

Apex Family Care

4805 North 72nd Street
Omaha, NE 68134
Phone: (402) 571-5400
www.apexfamily.org

Description: Emergency respite, Agency based foster care. 24 hour on call services.
Restrictions: None.
Translators: Not available.

Children's Square Foster Care **ESPAÑOL**

5017 Leavenworth Street
Omaha, NE 68106
Phone: (402) 556-6765
<http://childrensquare.org/>

Description: Agency based foster care.

Restrictions: None.

Translators: On-call as needed.

Child Saving Institute **ESPAÑOL**

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Agency-based foster care and Emergency foster care.

Restrictions: Must be a state ward to access services. (Exceptions made, but only with CSI approval).

Translators: Spanish speaking staff.

Christian Heritage

4343 North 52nd Street
Omaha, NE 68104
Phone: (866) 381-5437
www.chne.org

Description: Agency based foster care, respite, and foster adopt program.

Restrictions: None.

Translators: Not available.

KVC

11550 I St. Suite 100
Omaha, NE 68137
Phone: (402) 498-4700
<https://www.kvc.org/>

Description: Core services in recruiting, training, licensing, and supporting foster families to care for youth ages birth to 18. Also offers in-home family supports, Behavioral health, foster care, adoption, and, children's psychiatric hospitals.

Lutheran Family Services **ESPAÑOL**

124 South 24th Street, Suite 200
Omaha, NE 68102
Phone: (402) 536-3500
www.lfsneb.org

Description: Agency based specialized and emergency foster care. RSafe (Reparation, Safety, Advocacy, Families, Empowerment) is a specialized program to help foster parents understand and help a sexually victimized child. Children enrolled in this program must also be enrolled in LFS RSafe counseling program.

Restrictions: State wards only.

Translators: One Spanish speaking home available.

Nebraska Children's Home Society

4939 South 118th Street
Omaha, NE 68137
Phone: (402) 451-0787
www.nchs.org

Description: Temporary & traditional foster care services, including medically fragile foster care.

Restrictions: No restrictions for pregnancy & adoption services.

Translators: Not available.

NOVA Therapeutic Community

8502 Mormon Bridge Road
Omaha, NE 68152
Phone: (402) 455-8303
www.novatec.org

Description: Agency based foster care, Emergency & treatment foster care.

Restrictions: Children ages birth - 18.

Translators: Agency will provide as needed.

Gangs

Cass County Nebraska Sheriff

336 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-9370
www.cassne.org/sheriff.html

Description: GREAT- Gang Resistance Education And Training program School-based, law enforcement officer-instructed classroom curriculum. With prevention as its primary objective, the program is intended as an immunization against delinquency, youth violence, and gang membership. Program consists of four components- a 13-session middle school curriculum, an elementary school curriculum, a summer program, and family training.

Restrictions: Services available through elementary and middle school staff in Cass County schools.

Translators: Not available.

Heartland Family Services

2101 S. 42nd St

Omaha, NE 68105

Phone: (402) 553-3000

<https://www.heartlandfamilyservice.org/>

Description: Individual and family counseling for middle-age youth involved in high risk behavior, including truancy, substance abuse, gang involvement, pregnancy, etc. Counseling also includes siblings. Counseling services may be provided in the home, at school, or at the Family Service locations. Counseling services are available at various locations.

Latino Center of the Midlands **ESPAÑOL**

4821 South 24th Street

Omaha, NE 68107

Phone: (402) 733-2720

www.latinocenter.org

Description: Workforce education, school-based support, parent engagement programs, community system supports. Support group Wed 7:00pm - 8:30pm.

Restrictions: None.

Translators: Spanish available.

Holiday Assistance

Adopt a Family (Salvation Army) **ESPAÑOL**

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 898-5900

www.salvationarmyomaha.org

Description: Provides gifts and food voucher to families in need. Restrictions: Must provide social security cards, picture ID, mail post marked in last 30 days. Translators: Spanish available.

ENCAP Eastern Nebraska Community Action Partnership

2406 Fowler Avenue (North)

Omaha, NE 68111

Phone: (402) 453-5656

www.encapomaha.org

1908 Hancock Street (Sarpy)

Bellevue, NE 68005

Phone: (402) 292-2961

Description: Thanksgiving turkey vouchers, registration site for Toys for Tots. Restrictions: Agency has income guidelines. Translators: Spanish available.

Heart Ministry Center

2222 Binney Street

Omaha, NE 68110

Phone: (402) 451-2321

www.heartministrycenter.org

Description: Provides Thanksgiving baskets and Christmas food. Also a Toys for Toys distribution site.

Restrictions: Must be nominated by OPS school counselor. Translators: None available.

Heartland Family Service ESPAÑOL2101 South 42nd Street

Omaha, NE 68105

Phone: (402) 553-3000

www.heartlandfamilyservice.org

302 American Parkway

Papillion, NE 68046

Phone: (402) 291-6065

Description: Holiday assistance program. Restrictions: Services are available to residents of North Omaha and Sarpy County. Translators: Spanish available.

Juan Diego Center ESPAÑOL5211 South 31st Street

Omaha, NE 68107

Phone: (402) 731-5413

<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Food assistance, SHARE food buying, family enrichment, Christmas assistance, micro business training, immigration, Spanish/English counseling. Restrictions: Limited to Spanish speaking clients only. Translators: Spanish available.

Heartland Hope Mission ESPAÑOL

2021 “U” Street

Omaha, NE 68107

Phone: (402) 733-2077

<http://heartlandhopemission.org/>

Lord of Hosts Church

139th & “Q”

Omaha, NE 68137

Description: Provides Christmas meal (ham and turkey), and a registration location for Toys for Tots. Also provides household items, clothing, and hygiene items. Restrictions: Services limited to South Omaha residents only. Translators: Spanish available.

Toys for Tots (US Marines)

5808 North 30th Street

Omaha, NE 68111

Phone: (402) 453-8807

www.omaha-ne.toysfortots.org

Description: Collects and distributes toys for needy families. Restrictions: Services available for children ages 0 – 13, families must register to receive assistance. Translators: Not available.

Hospitals/Clinics

Bergan Mercy Medical Center

7500 Mercy Road

Omaha, NE 68124

Emergency: (402) 398-6161

General: (402) 398-6060

Elkhorn Family Medicine Clinic

1130 North 204th Avenue

Elkhorn, NE 68022

General: (402) 758-5452

Gretna Clinic

182 W. Gruenther Rd

Gretna, NE 68028

General: (402) 332-2772

Immanuel Medical Center

6901 North 72nd Street

Omaha, NE 68122

Emergency: (402) 572-2225

General: (402) 572-2121

Lakeside Hospital

16901 Lakeside Hills Court

Omaha, NE 68130

Emergency: (402) 717-8111

General: (402) 717-8000

Mercy Hospital

800 Mercy Drive

Council Bluffs, IA 51503

Emergency: (712) 328-5230

General: (712) 328-5000

Midlands Hospital

11111 South 84th Street
Papillion, NE 68046
Emergency: (402) 593-3558
General: (402) 593-3000

Boys Town National Research Hospital

555 North 30th Street
Omaha, NE 68131
General: (531) 355-1234

Bryan LGH West

2300 South 16th Street
Lincoln, NE 68502
General: (402) 481-1111

Children's Hospital & Medical Center

8200 Dodge Street
Omaha, NE 68114
General: (402) 955-5400

Creighton University Medical Center

2412 Cuming Street
Omaha, NE 68131
General: (402) 449-4000

Douglas County Community Mental Health Center

4102 Woolworth Avenue
Omaha, NE 68105
General: (402) 444-7000

Ehrling-Bergquist Hospital (Military Only)

2501 Capehart Road
Bellevue, NE 68123
Emergency: (402) 232-2273

Fremont Area Medical Center

450 East 23rd Street
Fremont, NE 68025
General: (402) 721-1610

Jennie Edmundson Hospital

933 East Pierce Street
Council Bluffs, IA 51503
General: (712) 396-6000

Memorial Hospital
810 North 22nd Street
Blair, NE 68008
General: (402) 426-2182

Methodist Hospital
8303 Dodge St
Omaha, NE 68114
Emergency: (402) 354-4000
General: (402) 354-4800

Nebraska Health Systems Clarkson Medical Center
4350 Dewey Avenue
Omaha, NE 68105
General: (402) 552-2000

**Nebraska Health Systems
University of Nebraska Medical Center**
4400 Emile Street
Omaha, NE 68105
General: (402) 552-2000

VA Medical Center
4101 Woolworth Avenue
Omaha, NE 68105
General: (800) 451-5796

Hot Lines

AIDS Hotline	(800) 232-4636
Adult Protective Services	(800) 652-1999
Alcohol & Drug Abuse Hotline	(800) 662-4357
Boys Town Hotline.....	(800) 448-3000
Catholic Charities.....	(402) 554-0520
Charles Drew Homeless Clinic.....	(402) 457-1200
Child Abuse/Neglect Hotline.....	(800) 392-3738
Children’s Domestic Violence/YWCA.....	(509) 326-2255
Heartland Family Service Domestic Abuse	(800) 523-3666
National Domestic Violence Hotline	(800) 799-7233 (800) 787-3224 TTY (866) 331-9474 Teens
Nebraska Children’s Home 24 Hr Pregnancy	(877) 420-4747
Nebraska Family Helpline.....	(888) 866-8660
Nebraska Family Support Network	(402) 345-0791
National Runaway Helpline.....	(800) 786-2929
Poison Control Center.....	(402) 955-5555 (800) 222-1222
Suicide Prevention Resource Hotline	(888) 273-8255
United Way of the Midlands.....	(402) 342-8232
Women’s Center for Advancement 24 Hotline	(402) 345-7273

Housing Assistance

Bellevue Housing Authority

8214 Armstrong Circle

Bellevue, NE 68147

Phone: (402) 734-5448

<http://www.sarpyhousing.org/>

Description: Provides subsidized housing. Restrictions: Persons 19 and older, income restrictions based on family size. Translators: Agency will contract for services if needed.

Douglas County Housing Authority

5404 North 107th Plaza

Omaha, NE 68134

Phone: (402) 444-6203

www.douglascountyhousing.com

Description: Provides subsidized housing. Restrictions: Services for elderly and disabled, agency has income restrictions. Translators: Agency will contract for services if needed.

Family Housing Advisory Services **ESPAÑOL**

2401 Lake Street

Omaha, NE 68111

Phone: (402) 934-7921

www.fhasinc.org

Description: Home search for homeless, information on tenant and homeowner rights, home ownership program. Financial Literacy Classes Restrictions: Must be at least 19 to access services. Translators: Bilingual staff available.

Family Self Sufficiency Program

Central Office

540 S. 27th Street

Omaha, NE 68105

Phone: (402) 444-6900

Family Self Sufficiency Program

4401 N. 21st Street

Omaha, NE 68110

(402) 444-7100

<http://www.ohauthority.org/administrative-services/family-self-sufficiency>

Description: 5 year voluntary program offered to any Section 8 public housing resident. Provides education opportunities, job readiness and any other assistance that is needed to become self-sufficient. Restrictions: Participants must maintain Section 8 housing, sign 5 year contract, set and achieve goals, seek and maintain employment. Translators: Not available, but agency can refer if needed.

Fremont Housing Authority

2510 North Clarkson Street
Fremont, NE 68025
Phone: (402) 727-4848
www.fremonthousing.org

Description: Offers housing for low income families and subsidized housing. Restrictions: Must be a Fremont resident. Agency has income restrictions. Translators: Not available.

Habitat for Humanity (Omaha)

1701 North 24th Street
Omaha, NE 68110
Phone: (402) 457-5657
www.habitatomaha.org

Description: Builds and sells the homes to buyers with no interest and no profit. Requires 250 hours (1 applicant) or 350 hours (2 applicants) of sweat equity in place of a large down payment. Restrictions: Eligibility based on need (substandard housing such as unsafe living conditions or overcrowding), credit check, and income restrictions. Translators: Agency will contract when needed.

Habitat for Humanity (Sarpy)

812 Bruin Blvd
Bellevue, NE 68005
Phone: (402) 292-6560
www.hfhsarpy.org

Description: Builds and sells the homes to buyers with no interest and no profit. Requires 250 hours (1 applicant) or 350 hours (2 applicants) of sweat equity in place of a large down payment. Restrictions: Eligibility based on need (substandard housing such as unsafe living conditions or overcrowding), credit check and income restrictions. Services limited to Sarpy County residents. Translators: Not available.

Holy Name Housing Corporation

4324 Fort Street
Omaha, NE 68111
Phone: (402) 453-6100
<http://www.holynamehousing.org/>

Description: Assistance in buying renovated homes with low interest financing, and counseling. Restrictions: Must be at least 19 to receive services. Translators: Not available.

Heartland Family Service Housing Solutions **ESPAÑOL**

2101 S 42nd Street

Omaha, NE 68105

Phone: (402) 934-8810

www.heartlandfamilyservice.org

Description: Scattered-site housing for individuals & families with children who are currently homeless. Provides case management, financial counseling, therapeutic services, and rental assistance. Restrictions: Must be living in shelter, on the streets or in transitional housing, one member of the family must have certified disabling condition (physical, mental, substance abuse or gambling), available to Douglas & Sarpy County residents. Translators: Spanish available.

Omaha Housing Authority **ESPAÑOL**

1823 Harney Street

Omaha, NE 68102

Phone: (402) 444-6900

<http://www.ohauthority.org/>

Description: Section 8 housing, public housing, transitional services, senior public housing services. Restrictions: Agency has financial guidelines. Translators: Spanish available.

Rapid Re-Housing **ESPAÑOL**

Heartland Family Service

1941 South 42nd Street, Suite 375

Omaha, NE 68105

Phone: (402) 934-8810

<http://heartlandfamilyservice.org/housing-financial-stability/rapid-rehousing/>

Description: Rapid Re-Housing Program is to provide assistance to rapidly re-house persons who are homeless. It will provide temporary financial assistance (1-12 months) and housing relocation and stabilization services to individuals and families who are homeless (residing in emergency or transitional shelters or on the street) and who need temporary assistance in order to obtain housing and retain it.

Restrictions: Resides in Douglas or Sarpy counties. Must be homeless, according to one of the following definitions: Sleeping in an emergency shelter or in a place not meant for human habitation (cars, parks, streets), Staying in a hospital or other institution (up to 180 days), but was homeless immediately prior to entry, graduating from, or timing out of a transitional housing program, victim of domestic violence. Must have no appropriate subsequent housing options AND lack the financial resources and support network needed to obtain immediate housing. Must be at or below 50% of Area Median Income (AMI)

Translators: Spanish available.

Rebuild Together (Temporarily closed as of June 2023)

2316 South 24th Street

Omaha, NE 68108

Phone: (402) 965-9201

www.rebuildingtogetheromaha.com

Description: Plumbing, electrical, appliance, window, locks, roof repair, or other safety repairs. Repairs to enhance the ability of persons with disabilities to remain in their homes. Restrictions: Must live east of 52nd St, be 62 and older or permanently disabled at any age, own the home, and meet income guidelines. Translators: Not available.

Salvation Army ESPAÑOL

10755 Burt Street

Omaha, NE 68114

Phone: (402) 898-7700

<http://www.salarmyomaha.org/>

Description: 37th Street Residential Readiness Program, Transitional Housing Residential Units (THRU) Program, Scattered Site and Harrington Homes Program. Bring applications to: Homelessness Prevention Services Department. Restrictions: Programs are for individuals who are homeless, legally evicted, over age 19, meet income guidelines, 30 days of sobriety, 30 days medication compliant. Translators: Bilingual staff available.

Stephen Center Transitional Living ESPAÑOL

2723 “Q” Street

Omaha, NE 68107

Phone: (402) 731-0238

www.stephencenter.org

Description: Recovery center, homeless shelter, transitional living program. Restrictions: Recovery program for juveniles and those ages 18 and older, homeless shelter for 19 and older. Translators: Bilingual staff available.

Identification Information

Douglas County Health Department

Bureau of Vital Statistics

1819 Farnam Street, Suite 102

Omaha, NE 68183

Phone: (402) 444-7204

<https://www.douglascountyhealth.com/>

Description: Birth Certificates. Requirements: \$17 fee charged for certified copy. May require notarization, full name, date of birth, city of birth (if known), father’s name, mother’s name as recorded at time of birth. Include photocopy of the requester’s current government-issued photo ID, self-addressed stamped return envelop, and the payment. Translators: Not available.

Douglas County Treasurer **ESPAÑOL**

1819 Farnam Street, Suite 102
Omaha, NE 68183

411 North 84th Street (Midtown)
Omaha, NE 68114

5730 South 144th Street (West)
Omaha, NE 68137

7414 North 30th Street (North)
Omaha, NE 68111

Phone for all locations: (402) 444-7802

Description: Nebraska ID Cards. Requirements: Two forms of ID, one with your name and date of birth, fees vary. Translators: Available at certain locations.

Mexican Consulate **ESPAÑOL**

7444 Farnam Street
Omaha, NE 68114
Phone: (402) 595-1844
www.consulmex.sre.gob.mx/omaha/

Description: Passports and IDs. Open Mon – Fri, 8am - 5pm. Restrictions: None. Translators: Bi-lingual staff available.

Nebraska Driver License Exam Division **ESPAÑOL**

301 Centennial Mall South
Lincoln, NE 68509-4789
Phone: (402) 471- 3861
<https://dmv.nebraska.gov/dl/driver-licensing-services>

Description: Nebraska Driver’s License exams and renewal. Requirements: One form of ID which includes name, date of birth (fees vary). Translators: Driver’s Manual available in Spanish.

Social Security Administration

604 North 109th Court
Omaha, NE 68154
Phone: (402) 496-3520 or (866) 716-8299

Restrictions: Must complete a SS-5 form which is available through Social Security Office, must provide one of the following: Driver’s license, marriage or divorce record, employers ID card, adoption record, passport, insurance policy health insurance card (not Medicare card), school ID, or birth certificate. Translators: Not available.

US Citizenship and Immigration Services ESPAÑOL

1717 Avenue “H” East
Omaha, NE 68110
Phone: (402) 633-4000 English
(402) 633-4060 Spanish
www.uscis.gov/portal/site/uscis

Description: US passport and visa information. Hours: Mon-Fri 9am-4pm. Restrictions: None.
Translators: Spanish available.

Immigration

Justice for Our Neighbors ESPAÑOL

4223 Center Street
Omaha, NE 68105
Phone: (402) 898-1349
<http://jfon-ne.org/>

Description: Free immigration legal services to immigrants. Restrictions: Agency has income restrictions.
Translators: Spanish available.

Lutheran Family Services ESPAÑOL

124 S 24th Street Suite 230
Omaha, NE 68102
Phone: (402) 342-7038
www.lfsneb.org

Description: Reception and placement services for newly arrived refugees. Also provide legal services and an international center. Restrictions: None. Translators: Agency has Spanish speaking staff.

Mexican Consulate ESPAÑOL

7444 Farnam Street
Omaha, NE 68114
Phone: (402) 595-1844
www.consulmex.sre.gob.mx/omaha/

Description: The Consulate issues Mexican passports, consular identification cards, birth registration to Mexican Nationals born abroad & Mexican military registration. Provides protection to Mexican Nationals, issues visas for foreigners traveling to Mexico, issues powers of attorney and promotes specialized programs to education and business community. Restrictions: None.
Translators: Bi-lingual staff available.

Omaha Refugee Task Force

<http://omaharefugees.com/>

Description: Database with resources for refugees.

Refugee Empowerment Center

3610 Dodge Street, Suite 100

Omaha, NE 68131

Phone: (402) 554-0759

www.refugeempowermentcenter.org

Description: Assists refugees to find safety for themselves and their families, teaches them to live & work in the United States. ESL classes, driver's education, interpreters for medical appointments, coordinates health & human services, housing, citizenship, drivers' licenses, job placement, support groups, and rent assistance. Restrictions: Services are provided to refugees from any county. Translators: Available.

US Citizenship and Immigration Services ESPAÑOL

1717 Avenue "H" East

Omaha, NE 68110

Phone: (402) 633-4000 English

(402) 633-4060 Spanish

www.uscis.gov/portal/site/uscis

Description: Non-immigrate employment status information, US passport and visa info, info on bringing family or relatives to the US. Accept and process reports of unlawful employment of foreigners. Restrictions: None. Translators: Spanish available.

Independent Living

Safety and Health Council of Greater Omaha

11620 "M" Circle

Omaha, NE 68137

Phone: (402) 896-0454

www.safenebraska.org

Description: Year round behind-the-wheel driver education classes. Step Forward- decision making and job skills for teens. Also have anger management classes. Restrictions: Fees for classes vary. Translators: Not available.

VODEC

7110 "F" Street
Omaha, NE 68117
Phone: (402) 455-4648
www.vodec.org

Description: Vocational Development Center (VODEC) provides vocational, residential, and day services for persons with mental retardation and others with developmental disabilities. Provide services in Nebraska and Iowa. Sheltered work training program at one of VODEC's three locations in Omaha, La Vista & Council Bluffs. Restrictions: Age limits for some programs. Participants must have a developmental disability. Translators: Not available.

Region 6 Behavioral Healthcare

4715 S 132nd Street
Omaha, NE 68137
Phone: (402) 444-6573

Description: Independent Living Classes and Peer support group led by a peer support specialist.
Restrictions: Ages 16-25 Translators: Will arrange as needed.

New Journeys

1210 South 25th Avenue
Omaha, NE 68105
Email: newjourneyshome@gmail.com

Description: Sober living homes for men to pursue sober living in a safe and healthy environment. Substance-abuse counseling is provided for all clients in the program. Assists clients in job search, education and family reunification. Restrictions: Males ages 19+. No children or families.

Latino Resources

Immigration Legal Clinics- Justice for our Neighbors ESPAÑOL

4223 Center Street
Omaha, NE 68105
Phone: (402) 898-1349

Description: Immigration legal services. Restrictions: None. Translators: Spanish available.

Juan Diego Center ESPAÑOL

5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Immigration legal services. Restrictions: Spanish speaking clients only.
Translators: Bi-lingual staff available

Latino Center of the Midlands ESPAÑOL

4821 South 24th Street

Omaha, NE 68107

Phone: (402) 733-2720

www.latinocenterofthemidlands.org

Description: The primary provider of cultural transition and crisis services to the Latino community and its families. Translators: Spanish available.

Learning Community Center of South Omaha

2302 M Street

Omaha, NE 68107

Phone: (402) 502-5512

<https://learningcommunityds.org/>

Description: Parent education classes, English classes, education navigators, family activities.

Restrictions: None. Translators:

Mexican Consulate ESPAÑOL

7444 Farnam Street

Omaha, NE 68114

Phone: (402) 595-1844

www.consulmex.sre.gob.mx/omaha/

Description: Passports, IDs, US protection services, civil registry. Open Mon - Fri 8:00am - 1:00pm.

Restrictions: None. Translators: Spanish available

Spanish Speaking Therapists

Dr. Conrado Rodriguez, PhD. (402-) 951-9989 1941 S. 42nd Street #432, Omaha, NE 68105

Beatriz Gonzalez, LCSW (402-) 212-0027 1941 S. 42nd Street #107, Omaha, NE 68105

Nicole Danna, LIMHP (402) 207-8596 Omaha Integrative Care, 2126 N. 117th Avenue, Omaha, NE 68164

Magda Blanco, LIMHP (402) 934-4618 Psychological Healing Insights, 1941 S. 42nd Street #541, Omaha, NE 68105

Maria Elena Correa, PLMHP (402) 934-4618 Psychological Healing Insights, 1941 S. 42nd Street #541, Omaha, NE 68105

Alberto Blanco, PLMHP (402) 934-4618 Psychological Healing Insights, 1941 S. 42nd Street #541, Omaha, NE 68105

Teresa Lenzen, LIMHP (402) 403-0190 Attachment and Trauma Center, 109th Plaza, Omaha, NE 68154

Erin Kathleen Wegener, PLMHP (402) 704-4695 736 East Military Avenue, Fremont, NE 68025

Jamie Kaipust, LICSW (402) 527-1154 A Desired Life Therapy and Counseling, 8013 W Center Road #210, Omaha, NE 68124

Kristen Limon, LIMHP (402)880-2101 Orchid of Hope Counseling, 1835 East Military Suite #113/114, Fremont, NE 68025

Adriana Fegenbush, LMHP (402) 964-2466 Child Saving Institute 4545 Dodge Street, Omaha, NE 68132

Virgin Rojas, LADC (402) 553-3000 Heartland Family Services 2101 South 42nd Street, Omaha, NE 68105 **Adults Only**

AM Counseling (402) 807 – 5117 919 Galvin Road South, Bellevue, NE 68005 **A large number of Spanish-speaking thearpists**

Legal Assistance

Abraham's Legal Clinic (Creighton) **ESPAÑOL**
2120 Cass Street
Omaha, NE 68178
Phone: (402) 280-3068
<https://law.creighton.edu/clinics/abrahams-legal-clinic>

Description: Legal assistance in civil law. Restrictions: Services available to low income individuals who reside in Douglas County. Translators: Spanish available.

Adult Protective Services

1313 Farnam Street
Omaha, NE 68102
Phone: (402) 595-3474 (office)
Hotline: (800) 652-1999

Description: Investigates abuse and neglect against vulnerable adults. Restrictions: Adult needs to be vulnerable, which means they have mental or physical restrictions that cause them to be dependent on others. Translators: Available.

Child Protective Services

1313 Farnam Street, #3
Omaha, NE 68102
Phone: (402) 595-3250 (office)
Hotline: (800) 652-1999

Description: Investigates abuse of children. The hotline functions 24/7. Restrictions: None. Translators: The hotline uses an AT&T translator.

Concord Center

4225 North 90th Street
Omaha, NE 68134
Phone: (402) 345-1131

Description: Mediation for families and training for staff. Restrictions: Services are available on sliding scale fee schedule.

Disability Rights Nebraska

134 South 13th Street, Suite 600
Lincoln, NE 68508
Phone: (402) 474-3183 or (800) 422-6691
www.disabilityrightsnebraska.org

Description: Investigates incidents of abuse and neglect of people with disabilities. Restrictions: Persons with disabilities. Translators: Interpreters provided with notice.

Douglas County District Court

1701 Farnam Street
Omaha, NE 68183
Phone: (402) 444-7004
<https://www.dc4dc.com/>

Description: Orders of protection for domestic violence. Restrictions: Douglas County/Omaha area. Translators: Not available.

Douglas County Victim Assistance

1905 Harney Street, #500
Omaha, NE 68102
Phone: (402) 444-4597
<https://countyattorney.douglascounty-ne.gov/victim-assistance>

Description: A public service office established to assist victims of crime, including domestic violence. It is located close to the courthouse to establish an efficient system of assistance between the victim, community and the criminal justice system. Restrictions: For victims in Douglas County

Family Housing Advisory Services **ESPAÑOL**

2401 Lake Street
Omaha, NE 68111
Phone: (402) 934-7921
www.fhasinc.org

Description: Assists with tenant issues. Translators: Spanish call 546-1013.

Fremont Area Mediation

435 North Park Street
Fremont, NE 68025
Phone: (402) 753-9415
<http://www.nebraskamediationcenter.com/>

Description: Working with the legal system. Translators: Not Available.

Immigration Legal Clinics- Justice for our Neighbors **ESPAÑOL**

4223 Center Street
Omaha, NE 68105
Phone: (402) 898-1349

Description: Immigration legal services. Restrictions: None. Translators: Spanish available.

Juan Diego Center **ESPAÑOL**

5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Immigration legal services. Restrictions: Spanish speaking clients only. Translators: Bi-lingual staff available.

Legal Aid of Nebraska **ESPAÑOL**

209 South 19th Street, Suite 200
Omaha, NE 68102
Phone: (402) 348-1069
www.legalaidofnebraska.org

Description: Free legal services. Restrictions: Income based. Translators: Spanish available.

Mexican Consulate ESPAÑOL

7444 Farnam Street
Omaha, NE 68114
Phone: (402) 595-1844
www.consulmex.sre.gob.mx/omaha/

Description: Passports, IDs, US protection services, civil registry. Open Mon - Fri 8:00am - 1:00pm.
Restrictions: None. Translators: Spanish available.

Nebraska Appleseed ESPAÑOL

941 "O" Street
Lincoln, NE 68508
Phone: (402) 438-8853
www.neappleseed.org

Description: Advocates and promotes the rights of children, women and immigrants. Works to develop and implement solutions to the problem of poverty and access to food, housing, clothing, and other basic necessities. Restrictions: None. Translators: Spanish available.

Nebraska Bar Association

635 South 14th Street, Suite 200
Lincoln, NE 68501
Phone: (402) 475-7091 or (800) 927-0117
www.nebar.com

Nebraska Volunteer Lawyers Project

Phone: (402) 475-7091

Omaha Bar Association

Phone: (402) 280-3607
Referral: (402) 280-3603
www.omahabarassociation.com

Pottawattamie County Victim Assistance Unit

Phone: (712) 328-5649

Sarpy County Victim Assistance Unit

1210 Golden Gate Drive, Suite 3147
Papillion, NE 68046
Phone: (402) 593-2201

Voices for Children **ESPAÑOL**

7521 Main Street, Suite 103
Ralston, NE 68127
Phone: (402) 597-3100
www.voicesforchildren.com

Description: Child advocacy program of concerned citizens in Nebraska covering all issues that would impact a child's life. Community groups and individuals analyze, search, write, and provide technical assistance so children can have a voice in the classroom, the legislative chamber and the media.
Restrictions: None. Translators: Family Assistance Resource Guide available in Spanish.

Medical Care

3 Rivers Public Health Department

2400 North Lincoln Avenue
Fremont, NE 68025
Phone: (402) 727-5396 or (866) 727-5396
www.threeriverspublichealth.org

Description: Maternal/child health, Type II Diabetes risk assessment. Translators: Agency provides if needed.

Aid to Dependent Children

1555 Colfax Street, Courthouse Bldg.
Blair, NE 68008
Phone: (402) 426-2329

Angels Among Us

3516 North 163rd Plaza Ste 3
Omaha, NE 68116
Phone: (402) 934-0999
www.myangelsamongus.org

Description: Financially assists families with a child battling cancer so families can focus on the child. Can also assist with medical bills, prescriptions, house payments, utilities, and travel expenses.
Restrictions: Must complete an application, must have financial needs. Translators: Agency will contract as needed.

Cass Family Medicine (One World Clinic Satellite) ESPAÑOL

122 South 6th Street
Plattsmouth, NE 68048
Phone: (402) 296-2345
www.oneworldomaha.org

Description: Medical and dental screening and treatment, immunizations, eye care, behavioral health, and health education. Restrictions: Call one day in advance to make appointment. Agency has income restrictions. Translators: Spanish available.

Charles Drew Health Center

2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.charlesdrew.com

Description: Physicals, family planning, HIV testing and counseling, women’s health exams, dental care, vision screenings, WIC program, nutrition programs, weight management program for children age 2-19. Restrictions: Available to Douglas County residents. Translators: Provided as needed.

Douglas County Health Department ESPAÑOL

1111 South 41st Street, Suite 210
Omaha, NE 68105
Phone: (402) 444-7471
www.douglascountyhealth.com

1819 Farnam Street, Ste. 505
Omaha, NE 68183

Description: HIV and other STD testing (\$15.00). Restrictions: Age 13 years or older, free if not able to pay. Translators: Spanish available.

Essential Pregnancy Services (EPS)

6220 Maple Street
Omaha, NE 68104
Phone: (402) 554-1000
www.essentialps.org

3029 North 93rd Street
Omaha, NE 68134
(402) 763-8768

908 West Mission Avenue
Bellevue, NE 68005
(402) 933-2988

Description: Pregnancy testing, counseling, referrals, material aid & baby items. Restrictions: None. Translators: Interpreters provided if a volunteer is available.

NE Health Connection (Kids Connection) ESPAÑOL

2222 Cuming Street
Omaha, NE 68102
Phone: (402) 595-1178
www.dhhs.ne.gov

Description: Health care insurance coverage for children. Restrictions: Program based on income. Translators: Spanish available.

Make A Wish Foundation

11836 Arbor Street
Omaha, NE 68144
Phone: (402) 333-8999 or (800) 7609474
www.wish.org

Description: Grants wishes to children who have life threatening medical conditions to provide them & their family with some special memories. All expenses are paid, including airline tickets, rental cars, meals, spending money, passes for attractions, film, etc. Referrals can be made by a parent, legal guardian, the child, or a medical professional. Restrictions: Children between the ages of 2 ½ - 18, who have been determined by a physician to have a life-threatening medical condition, are eligible for a wish. Translators: Not available.

Maternal Care Program- University of Nebraska Medical Center ESPAÑOL

42nd and Emile OB/GYN Outpatient 4th floor
Omaha, NE 68105
Phone: (402) 559-4500

Description: Confidential prenatal care to mothers. No fee for prenatal visits if you are a resident of Nebraska or Iowa and do not have insurance. Restrictions: Must have positive pregnancy test and must deliver at UNMC. Translators: Spanish available.

Medicaid ESPAÑOL

1313 Farnam Street, 3rd Floor
Omaha, NE 68102
Phone: (402) 595-2850
http://dhhs.ne.gov/medicaid/Pages/med_contacts.aspx

Description: Health care for adults and children, food stamps, aid to dependent children, emergency assistance, child care and respite funds. Restrictions: Program based on income. Translators: Spanish available.

Medically Handicapped Children's Program

4460 Farnam Street, 2nd Level
Omaha, NE 68131
Phone: (402) 595-2120
<https://www.unmc.edu/mmi/departments/devmedicine/devmed-patientcare/mhcp.html>

Description: Provide specialized medical services for families with disabilities or ongoing health needs. Transportation, respite care, hospice, chore services, home modification. Restrictions: Families with children up to age 20. Translators: Available upon request.

Nebraska AIDS Project **ESPAÑOL**

250 South 77th Street
Omaha, NE 68114
Phone: (402) 552-9260
www.nap.org

Description: Low- cost (\$10), anonymous testing. By appointment only. Restrictions: None. Translators: Spanish available.

Sarpy/Cass DH and Wellness **ESPAÑOL**

701 Olsen Drive, Suite 101
Papillion, NE 68046
Phone: (402) 339-4334 or (800) 645-0134
www.cassne.org

Description: Food stamps, Medicaid, transportation, utilities, and rent assistance. Restrictions: Services based on income level for Cass County residents. Translators: Spanish available.

Nebraska Health and Human Services (Dodge County) **ESPAÑOL**

2400 North Lincoln
Fremont, NE 68025
Phone: (402) 727-5396 ext. 103 or (866) 727-5396
www.threeriverspublichealth.org

Description: Child support, public and dental health, immunizations, aging services. Restrictions: Some services for low income only. Translators: None, but office has Spanish forms available.

OneWorld Community Health Center **ESPAÑOL**

4920 South 30th Street, Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110
www.oneworldomaha.org

122 South 6th Street
Plattsmouth, NE 68048
Phone: (402) 296-2345

Description: Medical and dental screening and treatment, immunizations, eye care, behavioral health, and health education. Restrictions: Call one day in advance to make appointment. Agency has income restrictions. Translators: Spanish available.

Planned Parenthood **ESPAÑOL**

3105 North 93rd Street

Omaha, NE 68134

Phone: (402) 496-0088

www.plannedparenthood.org/ppncb

Description: Birth control, pap and breast exams, info on STDs, sex education info. Restrictions: None, fees are based on income.

Translators: Bi-lingual staff available.

Renaissance Health Clinic

Inside the Salvation Army

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 354-3198

Description: Low cost or no cost healthcare services provided by nurse practitioners. . Physical exams, treatment of minor illnesses, management of diabetes and hypertension, health education, pregnancy testing, immunizations, free & anonymous testing for STD & HIV. Restrictions: Adults only. Accepts everyone. Sliding fee available. By appointment only. Bring insurance card if applicable. Translators: Not available.

Ronald McDonald House

620 South 38th Avenue

Omaha, NE 68105

Phone: (402) 346-9377

www.rmhc.org

Description: Residence for families of ill children receiving medical treatment in an Omaha area hospital. Restrictions: None. Translators: Not available.

Shriner Hospitals- Tangier Shrine Center

2823 South 84th Street

Omaha, NE 68124

Phone: (402) 392-1408

www.tangiershrine.com

Description: Orthopedic and burn care to children under 18 years of age. Translators: Not available.

United Healthcare Children's Foundation (UHCCF)

1 (855) 698-4223

www.uhccf.org

Description: Provides grants to children with medical needs for services such as speech, physical, and occupational therapy, prescriptions, and medical equipment. Restrictions: To apply, children must be 16 and under, income restrictions on adjusted income, must apply online, cannot be receiving Medicaid, must be covered through a commercial insurance provider. Translators: Not available.

Visiting Nurses Association (VNA) ESPAÑOL

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 342-5566 or (800) 456-8869

www.vnaomaha.org

Description: Home-health care, physical, occupational and speech therapy, nutritional services, medication management, childbirth education. Restrictions: None. Translators: Spanish available

Medication Assistance

Caremark

1 (800) 552-8159

www.caremark.com/naco

Description: Simply present your card, provided to you in a joint effort of your local county government and the National Association of Counties (NACo), at a retail participating pharmacy and save an average of 20% on your prescription drugs. No enrollment form, no membership fee. Restrictions: Card is for prescriptions not covered by insurance.

Charles Drew Health Center ESPAÑOL

2915 Grant Street

Omaha, NE 68111

Phone: (402) 451-3553

<http://charlesdrew.com/>

Description: Indigent patient medication program. Restrictions: Available to residents of Douglas County. Translators: Spanish available.

Douglas County Prescription Discount Program (RX Savings Card)

1819 Farnam Street

Omaha, NE 68138

Phone: (877) 321-2652

<https://www.douglascounty-ne.gov/prescription-discount-card/>

Description: Free prescription discount card that saves an average of 20% on medications. Cards can be picked up at public libraries or city offices. Restrictions: Available to Douglas County residents only, cannot be used with insurance card. Translators: Not available.

Heartland Family Service

6720 North 30th Street

Omaha, NE 68112

Phone: (402) 457-7760

<http://heartlandfamilyservice.org/housing-financial-stability/hardship-assistance/>

Description: Provides free or low prescriptions to individuals who cannot afford. Restrictions: Applicants must live in North Omaha, available primarily to families, no medical insurance. Translators: Spanish available.

NeedyMeds

www.needymeds.org

Description: A web-based information resource for people who need assistance paying for healthcare. Has information on medication assistance & low cost clinics. Has applications for programs available to print. Restrictions: Does not pay for anything, but has information about programs that do. Phone: (888) 477-2669

www.pparx.org

Description: Free or nearly free prescriptions for 1 year. Restrictions: Services available to those without prescription coverage who meet income restrictions. Translators: Spanish available.

Salvation Army (Fremont)

707 North "I" Street

Fremont, NE 68025

Phone: (402) 721-0930

www.salvationarmyusa.org

Description: Prescription assistance. Restrictions: Must meet income guidelines. Translators: Not available.

Salvation Army (Omaha)

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Description: Prescription assistance. Restrictions: Limited to new prescriptions. Need referral from clinic or physician. Service can be accessed once a year. Translators: Not available.

Together Inc.

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047
www.togetheromaha.org

Description: Medical prescriptions for vital conditions such as heart disease or diabetes. Also have a food pantry, clothing, furniture, infant care, transportation, birth certificates, rent or mortgage help. Restrictions: None. Translators: Not available.

Mental Health Services

A Better Way Therapy **ESPAÑOL**

3223 North 169 th Street	119096 Arbor Street
Omaha, NE 68116	Omaha, NE 68144
Phone: (402) 813-2235	Phone: (402) 813-2235
Fax: (402) 502-1282	Fax: (402) 502-1282

www.abetterwaytherapy.com

Description: In-home individual and family therapy, alcohol and drug counseling. Restrictions: None. Translators: Bi-lingual staff available.

Adlerian Center

11911 Arbor Street
Omaha, NE 68144
Phone: (402) 334-3044
Fax: (402) 334-1693
www.adleriancenter.com

Description: Individual and family therapy. Hypnotherapy, psychotherapy and life coaching. Restrictions: None. Translators: Not available.

Associated Counseling Group

748 North Main Street

Fremont, NE 68025

Phone: (402) 941-7016

Fax: (402) 941-7018

<http://www.associatedcounselinggroup.com/>

Description: Individual, family and couple therapy services. Gambling and addiction therapy also available.

Restrictions: Ages 5 to adult. Translators: Agency will arrange as needed.

At Ease

730 Fort Crook Road

Bellevue, NE 68005

Phone: (402) 292-9105

www.lfsneb.org/service/at-ease/

Description: Confidential, individualized counseling services for active military personnel and veterans affected by PTSD and their loved ones. Also have locations in Blair, Plattsmouth, Papillion & Omaha.

Restrictions: Active military personnel, veterans and their families. Translators: Not available.

Autism Center of Nebraska

9012 "Q" Street

Omaha, NE, 68127

Phone: (402) 315-1000

www.acnomaha.org

Description: provides residential, in-home, vocational and transitional services to those with Autism and other developmental disabilities and their families. Restrictions: None. Translators: Not available.

Behaven Kids

8922 Cuming Street

Omaha, NE 68114

Phone: (402) 926-4373

www.behavenkids.com

Description: Teach pro-social skills, reduce aggression, increase attentiveness, increase self-esteem, enhance parenting skills, and improve family relationships. Therapy and Community Treatment Aides. Support groups for parents. Restrictions: Adolescent IOP Program is available to ages 12-15. CTA and therapy services are available to ages 0- 21. Translators: Not Available

Beneficial Behavioral Health Services **ESPAÑOL**

13435 A Street
Omaha, NE 68144
Phone: (402) 697-3924
www.behaviortherapyomaha.com

Description: In-home and in-office counseling, Community Treatment Aides, substance abuse program and evaluations, mental health evaluations. Restrictions: None. Translators: Bi-lingual staff available.

Better Living Counseling Services, Inc.

7100 South 29th Street, Suite B
Lincoln, NE 68516
Phone: (402) 476-0104
www.betterlivingcounselinginc.com

245 East 5th Street
Fremont, NE 68025
Phone: (402) 753-2096

Description: Family and individual therapy, Community Treatment Aides. Restrictions: None. Translators: Not available.

Blair Community Counseling

1526 Washington Street, Suite B
Blair, NE 68008
Phone: (402) 670-1896
<http://www.blaircommunitycounseling.com/>

Description: Individual, couple, and marriage counseling. Evening and weekend times available. Restrictions: None. Translators: Not available.

Boys Town Center for Behavioral Health

13460 Walsh Drive
Boys Town, NE 68010
Phone: (402) 498-3358
<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). Offer Multisystemic Therapy (MST) for families. They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability.

Boys Town Pediatrics (Harrison Street Clinic)6715 South 180th Street

Omaha, NE 68135

Phone: (402) 996-2300

<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability

Boys Town Psychiatry Clinic

14092 Boys Town Hospital Rd.

Boys Town, NE 68010

Phone: (402) 498-1449

<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability

Capstone Behavioral Health ESPAÑOL1941 South 42nd Street, Suite 328

Omaha, NE 68105

Phone: (402) 614-8444

www.capstonebehavioralhealth.com424 West 23rd Street, Suite E

Fremont, NE 68025

Phone: (402) 727-4288

Description: Psychological services, in home therapy, intensive outpatient therapy, individual & family therapy, groups, parent coaching, evaluations, supervised visitations. Restrictions: None. Translators: Spanish available.

Catholic Charities ESPAÑOL3300 North 60th Street

Omaha, NE 68104

Phone: (402) 554-0520

www.ccomaha.org

Description: Mental health therapy for individuals and families. Restrictions: None. Translators: Spanish available.

Center for Holistic Development Inc.

6502 Sorensen Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Description: Behavioral and mental health services, outpatient substance abuse, prevention and educational programs, free screenings for depression, bi-polar, anxiety, PTSD, ADHD, and alcohol use. Teen Screen program for identifying youth suffering from depression or other mental health problems. Restrictions: Must have insurance or Medicaid (no sliding fee). Translators: Not available.

CHI Psychiatric Associates

3308 Samson Way, Suite 203
Bellevue, NE 68123
Phone: (402) 717-7681

11109 South 84th Street, Medical Office Building One, Ste 3841
Papillion, NE 68046
Phone: (402) 827-4300

2001 South 75th St, Suite 100
Omaha, NE 68124
Phone: (402) 398-5550

7101 Newport Ave, Medical Office Building Three, Ste 203
Omaha, NE 68152
Phone: (402) 572-2916

3528 Dodge Street
Omaha, NE 68131
Phone: (402) 707-5550

16909 Lakeside Hills Court, Medical Office Building One, Ste 400
Omaha, NE 68130
Phone: (402) 758-5850

<https://www.chihealth.com/en/location-search.html>

Description: Psychiatric services for children, adolescents, and adults. Includes providers in social work, psychotherapy, and chemical dependency counseling. Certain locations have MDs and APRNs available.

Child Saving Institute ESPAÑOL

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Free pregnancy counseling, crisis shelter for children, adoption assistance and support, teen parenting group, parenting classes, child care, foster care, Individual and family therapy services. Teen Screen program identifies youth suffering from depression or other mental health problems. Restrictions: Some programs have age limits. Translators: Spanish available.

Children’s Family Support Center

1000 North 90th Street, Suite 200
Omaha, NE 68114
Phone: (402) 955-3900
www.childrensomaha.org

Description: Office-based services only. Individual and family therapy, psychological and academic testing. Specialized program for eating and anxiety disorders. Translators: Agency will set up as needed.

Children's Respite Care Centers

2010 North 88th Street
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

5321 South 138th Street
Omaha, NE 68137
Phone: (402) 895-4000

Description: Home based mental health therapy and therapeutic day services for targeting challenging behaviors. Restrictions: Day center for preschool aged children with behavior issues, school aged program ages 6 - 18 need to have developmental disability and behavior concerns. Translators: Agency will contract as needed.

Community Alliance

4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128
Safe Harbor: (402) 715-4226
www.community-alliance.org

Description: Services for persons with mental health and substance use challenges; Agency offers medication management, counseling, intensive outpatient for substance use, integrated primary health care; Coordinated Specialty Care for transition age youth, day rehabilitation, residential rehabilitation, community support, assertive community treatment, vocational services and supportive housing. Walk-ins welcome at main location. Safe Harbor offers peer run crisis diversion services with a warm line and guest services. Restrictions: Ages 14 and older. Translators: Agency will contract as needed.

Community Counseling Program (Methodist Hospital)

9239 W. Center Road
Omaha, NE 68124
Phone: (402) 354-6891
www.bestcare.org/ccp

Description: The Methodist Hospital Community Counseling Program helps those who might otherwise not have access to mental health services with a special focus on students. Confidential individual and family counseling is provided by licensed, Masters-level mental health practitioners located in the Omaha Public Schools and a few community locations. Insurance is billed and financial assistance is available for those who qualify. No one is turned away due to inability to pay. Restrictions: None. Translators: Agency will refer out.

Community Counseling Services (University of Nebraska at Omaha)

6001 Dodge Street
Omaha, NE 68182
Phone: (402) 554-4882
<http://www.unomaha.edu/college-of-education/counseling/community-counseling-clinic/>

Description: Counseling services for individual, couple, and family matters. Minimal fees. Restrictions: Must call for appointment. Translators: Not available.

Confidential Counseling

5951 Ames Avenue
Omaha, NE 68104
Phone: (402) 457-5761

Description: In-home & office therapy services, substance abuse counseling. Restrictions: None.
Translators: Not available.

Connections (Project Harmony)

11949 Q Street
Omaha, NE 68137
Phone: (402) 595-1326
<https://www.projectharmony.com/What-We-Do/Connections.aspx>

Description: Works with educators, medical professionals, and others to identify children and families in need of mental health services. Help develop and support a network of mental health providers and link children and their families to the appropriate mental health and social services. Outcomes are evaluated to ensure that the needs are being met and solutions are found.

Council Psychiatric Care Specialists

919 Galvin Road South, Suite A
Bellevue, NE 68005
Phone: (402) 281-9035
<http://www.councilpsychiatric.com/>

Description: We place emphasis on the whole person physically, mentally, and spiritually, while focusing on the caregiver and patient partnership, research-based assessment tools, collaboration among providers, and minimal medications with lowest dosages necessary to achieve wellness. Accepts insurance through BCBS, Tricare, Aetna, Cigna, Coventry, Midlands Choice, and Medica. Restrictions: For ages 6 and above. APRN only. Not credentialed with Medicaid.

Counseling Connections & Associates

444 Regency Parkway Drive, Suite 104
Omaha, NE 68114
Phone: (402) 932-2296
<http://www.ccaomaha.com/>

Description: Provides individual counseling, couples counseling, family counseling, medication management, substance abuse evaluations, and treatment for substance abuse.

Daybreak

965 Patricia Drive

Papillion, NE 68133

Phone: (402) 932-7788

<http://daybreakbehavior.com/>

Description: Helps aggressive children, and children with severe behaviors overcome their behavior problems with their day treatment program, mental health services, counseling services, and therapy services. Therapists and counselors serve clients in Papillion, LaVista, Bellevue, and surrounding areas.

Douglas County Community Mental Health Center

4102 Woolworth Avenue

Omaha, NE 68105

Phone: (402) 444-7000

www.douglascounty-ne.gov/cmhc/

Description: Medication management, Limited therapy appointments available. Restrictions: Applicants must be 19 years or older, living in Region 6 area. Translators: Agency will arrange for Spanish.

Early Interventions

1401 East Gold Coast Road, Ste 600

Papillion, NE 68046

Phone: (402) 597-9378

Description: Specializes in Child and Adolescent Psychiatry. Restrictions: Does not accept Medicaid.

ENCAP Eastern Nebraska Community Action Partnership

2406 Fowler Avenue (North)

Omaha, NE 68111

Phone: (402) 453-5656

www.encapomaha.org

1908 Hancock Street (Sarpy)

Bellevue, NE 68005

Phone: (402) 292-2961

Description: Individual, family, and marital counseling, psychological and psychiatric testing, stress and anger management. Restrictions: None. Translators: Bi-lingual staff available.

Envision Counseling Center

5658 North 103rd Street

Omaha, NE 68134

Phone: (402) 571-3995

<http://www.envisioncounseling.com/>

Description: Individual, family, couples and marriage counseling. Substance abuse counseling and art and play therapy also available. Restrictions: None. Translators: Not available.

Family Enrichment

820 South 75th Street

Omaha, NE 68114

Phone: (402) 391-2477

www.Familyenrichmentomaha.com

Description: Individual, family and marriage therapy. Psychiatric and psychological evaluations.

Restrictions: Accepts private insurance, Medicaid, but call to verify acceptance. No sliding scale fee.

Translators: Not available.

Family Life Office

3412 North 60th Street

Omaha, NE 68104

Phone: (402) 551-9003

www.archomaha.org/family-life/

Description: Adult coping programs and support groups offered 4 times a year. Restrictions: Must pre-

register for programs. Waiting period for widowed, divorced, or legally separated persons to be able to

register for certain programs. Translators: Not available.

Great Plains Counseling Center

1406 Fort Crook Road South, Suite 401

Bellevue, NE 68005

Phone: (402) 292-7712

www.greatplainscounseling.com

Description: Individual, marriage and family therapy. Pre-treatment assessments, chemical dependency,

behavioral therapy, EMDR (trauma), CISD (Critical Incident Stress Debriefing). Restrictions: Accepts

limited Medicaid clients, sliding scale fee available. Translators: Not available.

Great Plains Mental Health Associates

4610 South 133rd Street, Suite 109

Omaha, NE 68137

Phone: (402) 614-0010

<https://www.greatplainsmentalhealth.com/>

Description: Focuses on the “spirit, mind, and body.” Offers counseling (including art and group therapy),

psychiatry, meditation classes, spirituality groups, and yoga. Restrictions: Age 13 and up. Translators:

Not available.

H & J Counseling

1309 Harlan Drive, Suite 102
 Bellevue, NE 68005
 Phone: (402) 991-7621

Description: Counseling for children with sexual behavior problems, parenting counseling and marriage counseling. Anger management, gang prevention, independent living, and adolescent decision making, Restrictions: None. Translators: Not available.

Healing Tree

1011 Leavenworth Street
 Omaha, NE 68102
 Phone: (402) 614-4873
<https://www.healingtreeomaha.com/>

Description: Individual, couple, and family therapy. Accepts a variety of insurance companies. Accept personal check or cash. Restrictions: None. Translators: Not available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street
 Omaha, NE 68105
 Phone: (402) 552-7400
www.heartlandfamilyservice.org

302 American Parkway
 Papillion, NE 68046
 Phone: (402) 339-4358

Description: Individual and family counseling, emergency shelter for women and children. Restrictions: Fees are on sliding scale, accept Medicaid. Translators: Spanish available

Healing Tree Counseling

1011 Leavenworth Street
 Omaha, NE 68102
 Phone: (402) 614-4870
www.healingtreeomaha.com

Description: Individual, couple and family counseling, anger management, parenting and drug & alcohol education. Restrictions: In office. Translators: None available.

Inroads Counseling

2808 North 75th Street
 Omaha, NE 68134
 Phone: (402) 932-2248
www.inroadstorecovery.com

825 North 90th Street
 Omaha, NE 68114

Description: Assist individuals sustain substantial stability and recovery from mental health and addictions. Evaluations for substance abuse and mental health. Restrictions: None. Translators: Will contract as needed.

Jericho Counseling Associates **ESPAÑOL**

1941 South 42nd Street, Suite 538
Omaha, NE 68105
Phone: (402) 344-7000

Description: Individual and Family Therapy (in-home & in-office appointments.) Restrictions: All ages, residing in Douglas, Sarpy, Dodge, and Lancaster Counties. Translators: Spanish speaking therapist available.

Jewish Family Services

333 South 132nd Street
Omaha, NE 68154
Phone: (402) 330-2024

<http://jfsomaha.com/contact-us/>

Description: Individual, group, family counseling, marriage counseling, play therapy, crisis intervention, family life education, and parenting classes. Restrictions: Sliding scale offered for those without insurance. Translators: Agency has Russian and Hebrew available.

King of Kings

11615 “I” Street
Omaha, NE 68137
Phone: (402) 333-6464

<http://kingofkingsomaha.org/>

Description: Individual, group, marriage, family, and vocational counseling, mentoring, classes and seminars. Faith-based. Fee depends on income. Restrictions: None. Translators: None.

KVC Nebraska

11550 I Street Suite 100
Omaha, NE 68137
Phone: (402) 498-4700

Description: Trauma informed outpatient and in home services and substance use evaluations. Has providers trained in Child Parent Psychotherapy (CPP). Restrictions: Limited to Omaha, Bellevue, Chalco, Elkhorn, Gretna, LaVista, Millard, Papillion and Ralston. Must have a child in the home for services, but the service doesn't necessarily need to be for the child. Translators: Unknown

Lasting Hope Recovery Center **ESPAÑOL**

415 South 25th Avenue

Omaha, NE 68131
Phone: (402) 717-5300
www.chihealth.com/lasting_hope_recovery_center

Description: 64-bed facility provides a continuum of care ranging from crisis assessment and inpatient treatment to sub-acute services, counseling and therapy to persons suffering from mental health and substance abuse issues. Restrictions: Adults 19 and older. Translators: Spanish available.

Lukis Counseling
11252 South 200th Street
Gretna, NE 68028
Phone: (402) 659-6507

Description: In-home individual, family & couple therapy. Restrictions: None. Translators: None.

Lutheran Family Services **ESPAÑOL**
120 South 24th Street, #100
Omaha, NE 68102
Phone: (402) 342-7007
www.lfsneb.org

Description: Outpatient counseling, mental health assessments, anger management for adults, pregnancy counseling, programs for children with sexual behaviors and incest treatment for offenders and victims. CTA services for Medicaid clients referred for intensive 6 week treatment. Provide foster care adoption services, respite care program, & educational programs. Restrictions: None. Translators: Spanish available.

Munroe Meyer Institute **ESPAÑOL**
444 South 44th Street
Omaha, NE 68131
Phone: (402) 559-6418
www.unmc.edu/mmi

Description: Diagnostic evaluations, speech, physical, occupational and behavioral therapy services. Restrictions: Services available for children only. Translators: Spanish available.

NAMI
415 South 25th Avenue, Bldg. LH
Omaha, NE 68131
Phone: (402) 345-8101 or (877) 463-6264
<http://naminebraska.org>

Description: Provides support, education, & advocacy for anyone whose life has been touched by a mental illness. Helpline for consumers, family members, friends & professionals for information related to mental illnesses. *Family to Family* class is a free educational program for family members & friends that offers information & support.

Restrictions: Offers support groups in Broken Bow, Columbus, Fairbury, Grand Island, Hastings, Kearney, Lexington, Lincoln, Omaha, Norfolk, and North Platte.

Translators: Will arrange as needed.

Nebraska Family Support Network ESPAÑOL

3568 Dodge Street, #2

Omaha, NE 68131

Phone: (402) 345-0791

Description: Advocacy & mentoring organization for families of children, 0 - 21 years, with psychiatric and/or behavioral disorders, information, support and referral for families of children with mental illness, severe behavioral problems or wards of the state, toll free access line for parents & professionals, newsletter & lending library, education & training, advocacy for Individual Education Plans (IEP) in special education & other school issues.

Restrictions: None.

Translators: Spanish available.

Nebraska Medicine Psychiatry

510 South 42nd Street

Omaha, NE 68131

Phone: (402) 552-6007

<https://www.nebraskamed.com/nebraska-medical-center/psychiatry-clinic>

Description: The psychiatry staff at Nebraska Medicine provide diagnostic evaluations, second opinions, and treatment for a wide array of mental health problems regardless of your age. We treat everything from adjustment reactions to severe and persistent mental illness, reproductive psychiatry, and more. Our compassionate clinicians use proven treatment strategies with a team approach to help you work through your problems and return to feeling better.

NOVA Therapeutic Community

8502 Mormon Bridge Road

Omaha, NE 68152

Phone: (402) 455-8303

www.novadc.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days.

Restrictions: The residential facility is a staff secured facility, which means that those who feel they are not ready for treatment may leave.

Translators: Will contract as needed.

Omaha Home for Boys

4343 N 52nd Street

Omaha, Ne 68104

Phone: (402) 457-7035 (to schedule an appt)

Description: Outpatient counseling and evaluations. Restrictions: None Translators: Unknown

Omaha Integrative Care

2126 N 177th Ave

Omaha, NE 68164

Phone: (402) 934-1617

<https://www.omahaic.com/>

Description: Services include integrative primary healthcare, counseling, health coaching, yoga, massage and bodywork, nutritional services, acupuncture, meditation and mind/body medicine classes.

Restrictions: Ages 8 and up. Accepts Medicaid. Translators: Can arrange as needed.

Omaha Therapy and Arts Collaborative

3031 South 87th Street

Omaha, NE 68124

Phone: (402) 991-1011

<http://www.otac.space/>

Description: Therapeutic services, including expressive arts therapy, animal assisted therapy, ecotherapy, play therapy, sand tray therapy, and mindfulness-based practices. Indoor and outdoor options.

Owens Companies

7415 North 30th Street

Omaha, NE 68112

Phone: (402) 451-8404

www.theowenscompanies.com

Description: Therapy and counseling, family preservation, psychosocial evaluation, skill development, supervised visitation, parenting classes, family support, crisis intervention, and GED programs.

Restrictions: None. Translators: Spanish available.

Park Professional Group

1627 East Military Avenue, Suite 200

Fremont, NE 68025
Phone: (402) 727-4886 or (877) 727-4886
www.parkprofessionalgroup.com

Description: Individual, couple and family therapy. Restrictions: Ages 8 to elderly. Accepts Medicaid.
Translators: Can arrange as needed.

Pathfinder Support Services, Inc. ESPAÑOL

212 East 8th Street
Fremont, NE 68025
Phone: (402) 721-1414
www.pathfinderserv.com

Description: Mental health and substance abuse counseling, family support work, and visitation.
Restrictions: Serves all ages in Fremont area. Translators: Spanish available.

Ponca Tribe of Nebraska

2602 “J” Street
Omaha, NE 68107
Phone: (402) 733-3612
www.poncatribene.org

Description: Provides community & home based family-centered services to prevent the breakup of families. Services include counseling and youth services, assistance with funeral and daycare expenses, transportation, educational funding (for Tribal members), intervention services to act as a liaison and advocate to community, tribal, state and federal agencies, including schools, state and Tribal Social Services Departments, state, Tribal and federal court systems, elder care and rights, health care, referrals, networking with various agencies, and crisis intervention.

Restrictions: Available to all Native Americans in Douglas, Sarpy, and Pottawattamie Counties.
Translators: Not available.

Psychiatric Services, P.C.

9239 West Center Road, Suite 211
Omaha, NE 68124
Phone: (402) 399-9305
<http://psychiatricservicespc.com/index.php/services/>

Description: Provides medication management, stress management, individual & group therapy, EMDR therapy, and dialectical behavioral therapy. In network with BCBS.

Region 6 Behavioral Healthcare

4715 South 132nd Street

Omaha, NE 68137

Phone: (402) 444-6573 or (800) 311-8717

www.regionsix.com

Description: The Professional Partner Program provides free voluntary case management for children ages 0 - 21 who have an emotional or behavioral disorder. The School & Family Enrichment (SAFE) program is a collaborative effort between Omaha Public Schools, Region 6 Professional Partner Program & Child Saving Institute. The Rapid Response program is an intense 6 month program. These programs are provided at no cost to the family, is home based & voluntary. The Prevention System Coordination Services (RPSCS) is available to the public & provides educational resources on alcohol, tobacco, & other drug topics, as well as assistance in locating mental health, substance abuse treatment or addiction service providers within our communities. Youth Services System works with providers in the community to evaluate, coordinate, & be a resource for providers & community members to address substance abuse, mental illness, residential services, & specialized programs for youth. Transitional Resources for Youth (TRY) program is a case consultation team to help prevent youths between ages 17 - 26 from falling through the cracks as they age out of children's services. The current Emergency Behavioral Health Services are managed by Region 6.

Restrictions: Referrals to Professional Partner Program can be made by anyone. SAFE referrals are made through OPS. Serves Cass, Dodge, Douglas Sarpy, and Washington Counties. Rapid Response referrals must come from the County Attorney. Must meet income guidelines.

Translators: Provided as needed.

Rizzo and Associates PC ESPAÑOL

6818 Grover Street, Suite 303

Omaha, NE 68106

Phone: (402) 397-0330

Description: Therapy services.

Restrictions: None.

Translators: Spanish speaking therapist on staff.

Spirit Horse Ranch

2601 Miller Road

Bellevue, NE 68123

Phone: (402) 677-4977

www.nehands.nebraska.edu/spirithorse.html

Description: Equine assisted psychotherapy for individuals, families and groups.

Restrictions: None.

Translators: Not available.

Take Flight Farms

1004 Farnam Street, Suite 400

Omaha, NE 68102

Phone: (402) 930-3037

www.takeflightfarms.org

Description: Equine assisted psychotherapy for individuals, families and groups. Restrictions: Those with mental health diagnosis must be under the care of a psychiatrist/physician and be stable. Does not bill insurance directly. Translators: Not available.

Grief's Journey

7811 Farnam Drive

Omaha, NE 68114

Phone: (402) 502-2773

<https://griefsjourney.org/>

Description: Services for grieving children and their families. 8-week and monthly support groups, KidsKamp, and Teen Camp. Includes "Support Without Borders Program" for those grieving a separation due to immigration challenges. Restrictions: Children age 4-19. Translators: Spanish available with notice.

Reconnect Inc. (Triage Youth Program)

1941 South 42nd Street, Room 502

Omaha, NE 68105

Phone: (402) 934-4933

www.reconnectsuccess.com

Description: The overall purpose of the Triage program is to provide evidence-based support and services to youths at risk of becoming involved in criminal or delinquent behavior and youth and young adult offenders between the ages of 14-18 years who have not been convicted of an adult charge. Program areas include educational tutoring, job readiness, and personal development and accountability. Requirements: Ages 14-18. Must attend one night a week during the first 60 days. Translators: Not available.

Wellspring

3612 Cuming Street

Omaha, NE 68131 Phone: (402) 898-5871 or (402) 898-5900

www.salarmyomaha.org/programs-that-help/family-and-childrens-services/wellspring-program/

Description: Wellspring is a Salvation Army Program that provides case management and therapy for men and women trying to get out of prostitution. This program is also provided to area jails and the NE.

Correctional Center for Women. Therapy is provided for men who solicit sex. Restrictions: Must be 19 years of age, have history or be at risk of prostitution. Translators: Yes, Spanish staff available.

Wiles Counseling

7551 Main Street

Omaha, NE 68127

Phone: (402) 964-2092

<https://www.wilescounseling.com/>

Description: Offers services for children, adolescents, and adults. Includes substance abuse treatment and assessments, mental health counseling, and counseling for individuals, families, and groups. Call to schedule appointments.

Woodhaven Counseling

12001 “Q” Street

Omaha, NE 68137

Phone: (402) 592-0328

www.woodhavencounseling.com

Description: Individual, family & couple therapy, psychiatric and substance abuse evaluations. Restrictions: Accepts Medicaid, no sliding fee scale. Translators: Not available.

Mentoring

Big Brothers/Big Sisters ESPAÑOL

10831 Old Mill Road, Suite 400

Omaha, NE 68154

Phone: (402) 330-2449

www.bbbsomaha.org

231 East 4th Street

Fremont, NE 68025

Phone: (402) 721-0329

www.bbbs.org

Description: One on one mentoring program, community & school based. Restrictions: Youth age 7-18. Translators: Spanish available.

Girls Inc. Pathfinders Mentoring Program

2811 North 45th Street

Omaha, NE 68104

Phone: (402) 457-4676

www.girlsincomaha.org

Description: Program matches girls with professional women in Omaha business community to work on academic & personal goals. Restrictions: Girls age 5-18. Translators: Can be arranged as needed.

Heart Ministry Center

2222 Binney Street

Omaha, NE 68110

Phone: (402) 451-2321

www.heartministrycenter.org

Description: Provides group mentoring to males ages 7-18. Restrictions: Males and must be ages 7-18. Translators: Not available.

Ollie Webb Center Just Friends Program

1941 South 42nd Street, Suite 122

Omaha, NE 68105

Phone: (402) 346-5220

www.olliewebbinc.org

Description: Provides one on one mentoring and friendships to teens and young adults ages 13-21. Restrictions: Available to youth with developmental disabilities. Translators: Can arrange if needed.

Reach and Rise Mentoring (YMCA)

5404 South 168th Street

Omaha, NE 68135

Phone: (402) 896-4200

<http://armbrust.metroymca.org>

3501 Ames Avenue

Omaha, NE 68111

Phone: (402) 453-8903

<http://butler-gast.metroymca.org/>

430 South 20th Street

Omaha, NE 68102

Phone: (402) 341-1600

<http://downtown.metroymca.org>

3010 R Street

Omaha, NE 68107

Phone: (402) 731-3999

<http://south.metroymca.org>

1111 E Street

Papillion, NE 68046

Phone: (402) 339-9861

<http://sarpy.metroymca.org>

Description: Supports youth ages 6 -17 who lack role models and are in communities challenged by poverty, crime, single-parent households, and other social issues. Mentors provide a positive, consistent relationship with youth, helping to improve self-esteem, decision-making skills, school performance, and interpersonal relationships.

Restrictions: Do not work with those involved in the Foster Care system or youth actively struggling with serious mental health problems. Must be at least a year out from any serious mental health symptoms or psychiatric stays.

Translators: Not available.

Release Ministries

3223 North 45th Street

Omaha, NE 68104

Phone: (402) 455-0808

www.releaseministries.org

Description: The mentoring program matches an incarcerated youth ages 10-18 with a responsible Christian adult. They meet on a weekly basis, beginning while the youth is incarcerated and continuing after their release. The mentor and the mentee meet together for 1-4 hours each week.

Restrictions: Incarcerated youth.

Translators: Not available.

TeamMates

11850 Nicholas Street, Suite 130

Omaha, NE 68154

Phone: (402) 390-8326

www.teammates.org

Description: School based mentoring program in OPS, Bellevue, Blair, District 66, Elkhorn, Fremont, Millard, Papillion-La Vista, Plattsmouth, and Ralston schools.

Restrictions: Program is only available at certain schools.

Translators: Not available

Parenting Classes

Boys Town Common Sense Parenting ESPAÑOL

Boys Town Headquarters

14100 Crawford Street (Headquarters)

Boys Town, NE 68010

Phone: (402) 498-1300

www.boystown.org

Boys Town Research Hospital

555 North 30th Street

Omaha, NE 68131

Description: Practical, skill based program to address communication, discipline, decision making, relationships, self-control, and school success.

Restrictions: Children are not permitted to attend class. Prepayment required.

Translators: Spanish translators are available.

Center for Holistic Development Inc.

6659 Sorenson Parkway

Omaha, NE 68152

Phone: (402) 502-9788

www.chdomaha.org

Description: Parenting classes for all parenting levels. No cost.

Restrictions: None.

Translators: None available.

Child Saving Institute **ESPAÑOL**

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Free adult parent education 5-week workshop provides parenting class instruction to parents of kids 0-4 and 5+. Young parents program for parents 24 & under- a mentor is assigned as a support for these young parents.

Translators: Spanish available.

Children's Respite Care Centers

2010 North 88th Street
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

Description: Four week course on "*Parenting the Special Needs Child*".

Restrictions: None.

Translators: Agency will provide as needed.

Common Sense Parenting **ESPAÑOL**

Boys Town
4612 South 25th Street
Omaha, NE, 68131
Phone: (402) 498-1059 or (402) 498-3768 in Spanish

Description: Parenting program that addresses issues of communication, discipline, decision making, relationships, self-control, and school success. Fosters safety and well-being at home, in school and in the community.

Restrictions: None.

Translators: Spanish available.

Heartland Family Service **ESPAÑOL**

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Description: Positive parenting class is 12 week workshop. Topics discussed include normal child development, positive methods of discipline, and anger management. Transportation and child care available. Parent coach also available.

Restrictions: \$50-\$75 cost for program.

Translators: Spanish and Karen/Burmese classes available.

Parenting the Love and Logic Way (Jewish Family Services)

333 South 132nd Street

Omaha, NE 68154

Phone: (402) 330-2024

<http://www.jewishomaha.org/>

Description: 4 week program where parents will expand knowledge of their children’s needs, become more empowered & allow children to grow from their mistakes and to live with consequences of their choices. Held twice a year (spring and fall) at Jewish Family Service.

Restrictions: Cost is \$70/family, scholarships are available. Child care for kids ages 3 - 12 is \$5 per child/per session.

Translators: Not available.

Family Services

Project Harmony- Connections Building

11807 Q Street

Omaha, NE 68137

Phone: (402) 595-1338

www.lfsneb.org

Description: Parent caretaker or human service professional educational group for those who want to learn more about sexual abuse dynamics or is concerned about a child who was sexually abused.. Meets for 10 weeks & is repeated quarterly. Cost is \$20 per session. Every Mon 6:30pm-7:30pm. Call to confirm schedule during breaking and holidays.

Restrictions: No pre-registration is required and participants can start at any time. No babysitters/childcare available.

Translators: Spanish available.

Nebraska Children’s Home Society

3549 Fontenelle Boulevard

Omaha, NE 68104

Phone: (402) 451-0787

www.nchs.org

1835 East Military Avenue, Suite 117

Fremont, NE 68025

Phone: (402) 727-0767

Description: Free parenting classes. “Boot Camp for New Dads” offers group education on childcare for new fathers.

Restrictions: new and expectant fathers.

Translators: Not available.

Nurturing Parent Program **ESPAÑOL**

Lutheran Family Services
1420 East Military Street, #200
Fremont, NE 68025
Phone: (402) 941-0075

Description: Classes emphasize the importance of raising children in a warm, trusting and caring household. Classes are free.

Restrictions: Must live in Dodge County and have children under the age of 5.

Translators: Classes offered in Spanish

Parenting U (Children's Hospital & Medical Center)

8200 Dodge Street
Omaha, NE 68114
Phone: (402) 955-5400
www.chsomaha.org

Description: Free seminars held on Tuesdays from 6pm-7pm at Glow Education Center (3rd Floor). Child care and food provided.

Restrictions: Families must pre-register to participate.

Translators: Provided as needed.

Placement Options

Boys Town (Grand Island) **ESPAÑOL**

3230 Wildwood Drive
Grand Island, NE 68801
Phone: (402) 498-1300
www.boystown.org

Description: Intervention and Assessment center (shelter) provides a safe environment for girls and boys in crisis, including runaway, homeless, court-placed or abused children.

Restrictions: Ages 10-17.

Translators: Available as needed.

Boys Town (Omaha)

13603 Flanagan Boulevard
Boys Town, NE 68010
Phone: (402) 498-1111
www.boystown.org

Description: Residential treatment center, group homes.

Restrictions: Youth ages 10 - 17. Scholarships & sliding scale available.

Translators: Available as needed.

Boys Town National Research Hospital

555 North 30th Street
Omaha, NE 68131
Phone: (402) 498-6540

Description: Intensive residential program for children with psychiatric disorders with focus on seriously troubled youth. Specialized treatment group homes- medially directed staff secure treatment program for youth ages 5-11 and 12-18 with psychiatric disorders.

Restrictions: Referrals can come from caseworker, clinical professional or family members.

Translators: Available as needed.

Boys and Girls Home and Family Services Inc.

2101 Court Street
PO Box 1197
Sioux City, IA 51102
Phone: (712) 293-4700
www.boysandgirlshome.net

Description: Inpatient and outpatient care, education, and childcare.

Restrictions: Serves children and adult victims of sexual abuse or domestic violence, as well as those suffering from emotional and/or psychiatric issues. Also offer parenting courses. Residential programs average 6 - 9 months.

Translators: Provided as needed.

Cedars Youth Services

6601 Pioneers Boulevard
Lincoln, NE 68506
Phone: (402) 434-5437
www.cedars-kids.org

Description: Services are for children and youth in need of temporary out-of-home care due to abuse, neglect, homelessness, runaway or other crisis situations.

Restrictions: Age restrictions for Emergency Shelter and other services.

Translators: Provided as needed.

Center Pointe ESPAÑOL

2633 "P" Street
Lincoln, NE 68503
Phone: (402) 827-0570
www.centerpointe.org

Description: Transitional housing & residential treatment programs for adults 19 and older with severe & persistent mental illness & substance dependence. Services include individual, group & family counseling, recreational therapy, case management and psychiatric services. Expected stay is 4 - 6 months.

Translators: Agency accepts non-English speaking clients.

Jacob's Place (Omaha Home for Boys)

919 North 48th Street

Omaha, NE 68132

Phone: (402) 558-0366

www.omahahomeforboys.org

Description: Transitional living for males and females. Life skills, independent living, vocational and employment training. Must work on GED if they did not graduate from high school.

Restrictions: Youth ages 14-24.

Translators: Not available.

Masonic Eastern Star Home for Children

2415 North Main Street

Fremont, NE 68025

Phone: (402) 721-1185

www.meshc.org

Description: Residential group home for children who have been separated from their homes due to death, divorce, neglect, abuse or inability to adjust to their present living situation. Program goals usually completed in 12 - 18 months.

Restrictions: Children must be age 5-18 and able to attend public school. Cost based on ability to pay.

Translators: Not available.

NOVA Therapeutic Community ESPAÑOL

8502 Mormon Bridge Road

Omaha, NE 68152

Phone: (402) 455-8303

www.novatec.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days.

Restrictions: The residential facility is a staff secured facility, which means that those who feel they are not ready for treatment may leave.

Translators: Will contract as needed.

Omaha Home for Boys **ESPAÑOL**

4343 North 52nd Street

Omaha, NE 68104

Phone: (402) 457-7000

www.omahahomeforboys.org

Description: Provides boys with supervision, structure, and training in life skills. Boys live in group homes supervised by house parents (a married couple), who serve as the primary teachers and counselors.

Restrictions: Program accepts males ages 10-18 whose behavior in less-restrictive settings indicates a need for a structured environment. Must be able to attend public schools or complete a GED. Do not accept those needing 24-hour care, have a history of excessive physical aggression, medical condition requiring acute medical care, chemically dependent.

Translators: Agency accepts youth with non-English speaking parents, but services are limited.

OMNI Behavioral Health

5115 “F” Street

Omaha, NE 68117

Phone: (402) 397-9866 or (402) 520-3924

www.omnibehavioralhealth.com

Description: Two group living facilities for youth 14-19 years of age who require intensive community based treatments. These facilities are specifically designed to serve a wide variety of youth that present disorders of mood as well as other co-occurring disorders such as substance abuse, chronic physical illness, learning disabilities and problems related to sexual acting out.

Restrictions: Our facilities are designed for children and youth with severe, long-standing behavioral/emotional problems who require some type of residential service. The youth referred must be between 14-19 years of age. Both males and females are eligible. The youth referred must exhibit severe emotional disturbance with a co-occurring behavioral disturbance.

Translators: Not available in group homes.

Salvation Army CARES

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 898-5900

<http://www.salarmyomaha.org/>

Description: Residential program providing long-term care, training and guidance for female youth who are in need of services, including pregnant and parenting females. Placement of both mothers & babies through Social Services or probation officers.

Restrictions: Ages 12-18.

Translators: Not available

Youth Care and Beyond

2819 South 125th Avenue, Suite 276

Omaha, NE 68144

Phone: (402) 991-9709

www.ycbinc.org

Description: Homelike residential program for persons with lower intellectual functioning and behavioral and/or mental health issues.

Restrictions: Ages 10-19, all counties served. For youth and young adults with severe mental and emotional issues or developmental disabilities.

Translators: Contract as needed.

Youth Emergency Services (YES) ESPAÑOL

2679 Farnam Street, Suite 205 (Admin Office)

Omaha, NE 68131

Phone: (402) 345-5187

www.yesomaha.org

Description: Services include: a short-term emergency shelter available to youth ages 16-20 for a maximum of 21 days. The Transitional Living Program (TLP) provides long-term services to run away and homeless youth ages 16-21. TLP residents are placed in apartment-style living for a maximum of 18 months and work closely with case managers to set and accomplish several goals. In addition, The Maternity Home which provides services to run away and homeless youth ages 16-21 that are pregnant or parenting and may not otherwise be able to access services. Residents are placed in a family-style residence for a maximum of 18 months and work closely with case managers to set and accomplish several goals.

Restrictions: Participants must be homeless. This means living on the streets, in a shelter, in a transitional housing program, couch surfing, or being kicked out/evicted from current living situation.

Translators: Spanish speaking staff available.

Rent Assistance

Bellevue Human Services

204 West Mission Avenue

Bellevue, NE 68005

Phone: (402) 682-6602

<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Emergency financial assistance & food pantry. Holiday Assistance Program. Specialized Transportation Service. Information and referral services.

Restrictions: Limited to Bellevue residents only, must have shut off notice or eviction notice.

Translators: Not available.

Blair Housing Authority

758 South 16th Street
Blair, NE 68008
Phone: (402) 426-4552
<http://blairhousing.com/>

Description: Program for those individuals who qualify under income guidelines for assistance with monthly rental payments.

Restrictions: Income guidelines and reside in Blair. By appointment only.

Translators: Not available.

Douglas County General Assistance ESPAÑOL

1701 Farnam Street
Omaha, NE 68183
Phone: (402) 444-6215
<https://generalassist.douglascounty-ne.gov/>

Description: Rental assistance for those without a parent, stepparent, or spouse responsible for their support, no medical coverage. Also provide non-food vouchers.

Restrictions: Must reside in Douglas County. Income restrictions. Provides assistance for utilities and rent – NO security deposits or application fees. It takes 45 days after you apply to get help so they DO NOT do emergency help.

Translators: Spanish available.

ENCAP Eastern Nebraska Community Action Partnership ESPAÑOL

2406 Fowler Avenue (North)	1908 Hancock Street (Sarpy)
Omaha, NE 68111	Bellevue, NE 68005
Phone: (402) 453-5656 ext. 200	Phone: (402) 292-2961

www.encapomaha.org

Description: Rent and utility assistance when funds are available. FEMA can provide rental/mortgage assistance for consumers living in Douglas County and for rental/mortgage assistance and utility assistance for consumers living in Sarpy County.

Restrictions: Income guidelines apply.

Translators: Spanish available.

Heartland Family Service – Hardship Assistance

302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Description: Rent and utility assistance, food, clothing & basic survival needs. Gendler Emergency Medication Service – low cost or free prescriptions on a sliding scale fee.

Restrictions: Limited availability, tries to serve those in nearby neighborhood. Call to make appointment.

Translators: Not available.

Holy Family Door Ministry

1715 IZARD STREET

OMAHA, NE 68102

PHONE: (402) 341-6561

www.holyfamilyomaha.org

Description: Food and clothing.

Restrictions: Must have social security card, birth certificate, Medicaid card and/or pay stub. Open Mon through Thurs from 9:00am - 12:00pm.

Translators: Not available.

Salvation Army (Fremont)

707 NORTH "I" STREET

FREMONT, NE 68025

PHONE: (402) 721-0930

<http://centralusa.salvationarmy.org/western/Fremont>

Description: Food Pantry, rent/mortgage assistance, and other material assistance for those in critical emergencies.

Restrictions: Income guidelines apply.

Translators: Not available.

1210 GOLDEN GATE DRIVE

PAPILLION, NE 68046

PHONE: (402) 593-4400

<http://www.sarpy.com/offices/human-services/general-assistance-program>

Description: Utility, rent, non-food vouchers (at No Frills Supermarket). Eligibility is based on income and resources.

Restrictions: Must call before receiving shut off notice or eviction notice, can help with current month's bill only. Sarpy County residents only. Call for an application.

Translators: Not available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street

HUMBOLT, NE 68376

PHONE: (402) 862-2411

www.senca.org

Description: Utility and rent assistance, down payment and weatherization assistance, food and clothing pantry, head start and youth mentoring.

Restrictions: Income guidelines apply. For utility assistance, must have shut off notice. For rent assistance, must have eviction notice.

Translators: Agency will provide if needed.

Refugee Empowerment Center

3610 Dodge Street, Suite 100

Omaha, NE 68131

Phone: (402) 554-0759

www.refugeempowerment.org

Description: Assistance with one month's rent and deposit, household budgeting/money management, and more. Open Mon - Fri from 9:00am - 5:00pm. Also provide English language training, river's education and employment services.

Restrictions: Services are provided to refugees from any country.

Translators: Available.

St. Vincent de Paul

14330 Eagle Run Drive

Omaha, NE 68164

Phone: (402) 496-7988 (be prepared to leave a message due to high call volume)

www.svdpomaha.org

Description: Rent and utility assistance. Food pantry and clothing Tues and Thurs 9am – 12pm, ID required.

Restrictions: Must present two forms of ID.

Translators: Not available.

Together Inc.

812 South 24th Street

Omaha, NE 68108

Phone: (402) 345-8047, ext. 204

www.togetheromaha.org

Description: Provides short term financial assistance for rent, utilities, and deposits. Food pantry, clothing, furniture, infant care, transportation (bus passes for new job), assistance with medical prescriptions, birth certificates, rent or mortgage help, eye glasses, various seasonal services.

Restrictions: Rent assistance for Douglas County only. Walk-ins only. Open Mon- 10am – 4:30pm, Tues- 9am – 4:30pm, Fri- 10am - 2pm. Need a photo ID and social security card for all persons in house, and a current piece of mail dated within 30 days.

Translators: Not available.

Respite

Children's Respite Care Centers

5321 South 138th Street

Omaha, NE 68137

Phone: (402) 895-4000

Ages Served: 6 weeks- 21

www.crccomaha.org

2010 North 88th Street (Northwest)

Omaha, NE 68134

Phone: (402) 496-1000

Ages Served: Infants through age 21

Description: Intermittent and full time nursing, specialized child care, educational, therapy, transportation services, & summer camp.

Restrictions: Services for medically fragile, developmentally delayed, physically challenged and/or behaviorally challenged. Weekend respite held at northwest location.

Translators: Agency uses interpreters when necessary.

Easter Seals

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 345-2200

www.ne.easterseals.com

Description: Out of home, overnight and week-long respite services for children and adults Sept - April.

Restrictions: Services for persons with disabilities, also have week long summer camp programs.

Translators: Not available.

Nebraska Resource and Referral System ESPAÑOL

206 South 13th Street, Suite 1000

Lincoln, NE 68588

Phone: (800) 746-8420 or (866) 737-7483

<https://nrrs.ne.gov/respite/>

Description: Serves as a one-stop location for information on respite for caregivers and providers. The RRC connects caregivers overwhelmed with the demands of daily care of an individual with information about the appropriate respite services in Douglas and Sarpy Counties. It also provides information for respite providers who wish to be registered and offer services, either paid or volunteer. RRC does not make recommendations regarding services, but provides this information to the caregiver to make the final decision.

Restrictions: Serves Douglas and Sarpy Counties.

Translators: Spanish available.

Shelters

Boys Town (Grand Island)

3230 Wild Wood Drive
Grand Island, NE 68801
Phone: (308) 381-4444
www.boystown.org

Description: Intervention and Assessment Center (shelter) provides a safe environment for girls and boys in crisis, including runaway, homeless, court-placed or abused children.

Restrictions: Youth ages 10-18

Translators: Available as needed.

Care Corps Shelter

723 North Broad Street
Fremont, NE 68025
Phone: (402) 721-3125
www.care-corps.org

Description: Emergency homeless shelter provides a safe environment for individuals and families 24 hours a day. Prevention services provide food boxes, clothing, and school supplies. Case Management assists clients with employment, housing, and healthcare. Professional Counseling by a licensed mental health/substance abuse counselor. Life Skills Classes teach skills in employment, budgeting, and parenting. Aftercare Services are offered to all clients for up to 6 months after leaving. Transitional Housing assists people who are facing homelessness in obtaining safe and suitable housing.

Restrictions: Individuals ages 18 and older, no warrants.

Translators: Provided as needed.

Carol's House of Hope

7815 Harney Street
Omaha, NE 6811
Phone: (402) 991-4673
<https://www.carolehouseofhope.org/>

Description: Carole's House of Hope is designed to provide hope and healing for mothers and their children through innovative programs and services that promote self-sufficiency and independence.

Child Saving Institute **ESPAÑOL**

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000 Ext. 156
www.childsaving.org

Description: Children's Crisis Center is a 12 bed emergency shelter.
Restrictions: Primary placement to state wards. Children 19 & under, all youth attend their home schools and are transported to appointments as needed. Sliding scale fee available.
Translators: Agency has Spanish speaking staff.

Lydia House

2809 North 20th Street East
Omaha, NE 68110
Phone: (402) 829-1545
www.opendoormission.org

Description: Housing for single women, families, and single parents with children.
Restrictions: Couples without children will be separated. 19 or older.
Translators: Provided as needed.

Open Door Mission's Garland Thompson Men's Center

2705 North 20th Street East
Omaha, NE 68110
Phone: (402) 829-1500 Ext. 2100
www.opendoormission.org

Description: Housing for single men.
Restrictions: 19 or older.
Translators: Agency provides if needed.

Siena-Francis House- Women

1702 Nicholas Street
Omaha, NE 68102
Phone: (402) 341-1821
www.sienafrancis.org

Siena-Francis House- Men

1111 North 17th Street
Omaha, NE 68102

Description: Shelter for homeless women 19 years and older men 19 and older, Drug program, food program, and free clothing.
Restrictions: Program has a 30 day maximum stay.
Translators: Provided as needed.

Stephen Center
2723 “Q” Street
Omaha, NE 68107
Phone: (402) 715-5442
www.stephencenter.org

Description: Housing for single men, and single women, and parents with children.

Restrictions: Must be sober for the past 30 days to access services.

Translators: Not available.

Youth Emergency Services (YES) ESPAÑOL

2679 Farnam Street, Suite 205
Omaha, NE 68131
Phone: (402) 345-5182
www.yesomaha.org

Description: Services include: a short-term emergency shelter available to youth ages 16-18 for a maximum of 21 days. The Transitional Living Program (TLP) provides long-term services to run away and homeless youth ages 16-21. TLP residents are placed in apartment-style living for a maximum of 18 months and work closely with case managers to set and accomplish several goals. In addition, The Maternity Home which provides services to run away and homeless youth ages 16-21 that are pregnant or parenting and may not otherwise be able to access services. Residents are placed in a family-style residence for a maximum of 18 months and work closely with case managers to set and accomplish several goals.

Restrictions: Participants must be homeless. This means living on the streets, in a shelter, in a transitional housing program, couch surfing, or being kicked out/evicted from current living situation.

Translators: Spanish speaking staff available.

Substance Abuse

A.R.C.H., INC
604 South 37th Street
Omaha, NE 68105
Phone: (402) 346-8898

Description: Private, non-profit organization providing residential facilities for recovering Adult Male Alcoholics. Admission criteria are to be chemical free, and remain so, with a commitment to stay 90 – 120 days. Fees determined by residents and staff, and will not exceed \$100 per week. Also helps with placement of individuals in a ¾ way house after completion of the program at A.R.C.H.

Restrictions: Males, 18 and older, must be willing and able to work and have 72 hours of continuous sobriety.

Translators: Not available

Catholic Charities Addiction Recovery Services

3300 North 60th Street
Omaha, NE 68104
Phone: (402) 554-0520
www.ccomaha.org

Description: Substance abuse and/or co-occurring treatment, drug and alcohol assessments, residential program, outpatient programs, intensive outpatient programs, community support, and aftercare available as needed.

Translators: Will arrange for services as needed.

Center for Holistic Development Inc.

6659 Sorensen Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Description: REAL TALK program to encourage social and emotional competence for middle school students.

Restrictions: Middle school student.

Translators: None available.

Center Pointe

2633 “P” Street
Lincoln, NE 68503
Phone: (402) 475-8721
www.centerpointe.org

Description: Outpatient services for youth and adults, case management residential treatment programs for adults. Veteran’s transitional housing.

Restrictions: None.

Translators: Not available.

Center Pointe Campus for Hope

1490 North 16th Street
Omaha, NE 68102
Phone: (402) 827-0570
<http://www.centerpointe.org/programs/campus-for-hope.html>

Description: Substance abuse treatment (long and short-term), detoxification, halfway house.

Restrictions: Sliding scale fees based on income and other factors. Services for adults only.

Translators: Will work with client to provide.

Douglas County Drug Court ESPAÑOL

1701 Farnam Street, Rm 600

Omaha, NE 68183

Phone: (402) 444-7004

www.dc4dc.com/young-adult-court

Description: Voluntary program supervised & funded by the Douglas County District Court that allows eligible defendants to earn a dismissal of their current felony charges in exchange for completing a 12 - 18 month program. Individuals undergo an evaluation & assessment process, enter into substance abuse/mental health services & complete, undergo extensive drug urinalysis testing, weekly judicial supervision, weekly case management.

Restrictions: Applicants up to age 25 charged with an offense that is related to a substance abuse/dependence lifestyle, such as possession, must be approved by the County Attorney, Drug Court Judge, and meet the criteria of the Drug Court intake, no felony offenses on record other than current felony case.

Translators: Spanish available.

ENCAP Eastern Nebraska Community Action Partnership

2406 Fowler Avenue (North)

Omaha, NE 68111

Phone: (402) 453-5656

www.encapomaha.org

1908 Hancock Street (Sarpy)

Bellevue, NE 68005

Phone: (402) 292-2961

Description: Individual & group treatment on an outpatient basis. Aftercare/Relapse Prevention Groups and Alcohol/Drug Education and Awareness Classes. Also have AA, CA, & NA meetings.

Restrictions: Provider accepts Medicaid/Medicare and offers sliding scale fees.

Translators: Not available.

Family Works (program of Heartland Family Service) ESPAÑOL

4847 Sahler Street

Omaha, NE 68104

Phone: (402) 342-9555

<http://heartlandfamilyservice.org/counseling-prevention/family-works/>

Description: Long-term (6-9 months) residential substance abuse and mental health programs in Iowa and Nebraska for women and children. Provides housing, treatment, therapy, and support for the women and children.

Restrictions: Pregnant women or women with young children only.

Translators: Spanish Available

First Step Recovery and Wellness Center

300 South 68th Street place, Suite 500

Lincoln, NE 68510

Phone: (402) 434-2730

www.firststeprecovery.com

Description: Substance abuse/mental health assessment and evaluation, adult and youth outpatient treatment. Also provide services for gambling and eating disorders. Women's co-occurring outpatient group.

Restrictions: Must be sober to participate.

Translators: Services arranged if needed.

Freedom Road House

825 North 48th Street

Omaha, NE 68132

Phone: (402) 933-7354

Description: Freedom Road House is a ¾ Way House set up with the intent of preparing men to return to society and their families by becoming self-supporting, employed, law abiding members of the community.

Restrictions: Males only. Must attend AA meeting, get a job and get a sponsor.

Translators: Not available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street

Omaha, NE 68105

Phone: (402) 553-3000

www.heartlandfamilyservice.org

Description: Evaluation & outpatient treatment, education & consultation. Also provides treatment for mental health, dual diagnosis, gambling and domestic violence.

Restrictions: None.

Translators: Spanish available.

Heartland Family Service

Youth Substance Abuse (YSA) Extended Outpatient Program

302 American Parkway

Papillion, NE 68046

Phone: (402) 339-2544

www.heartlandfamilyservice.org

Description: 21 week substance abuse program, includes aftercare services, individual, group and family counseling.

Restrictions: Youth ages 13-18.

Translators: Not available.

Intertribal Treatment Center/Nebraska Urban Indian Health Coalition

2240 Landon Court
Omaha, NE 68102
Phone: (402) 346-0902

Description: Inpatient program, aftercare, evaluations and outpatient counseling. Evaluations are on a sliding scale. Also offer alcohol and drug educational assistance.

Restrictions: In-Patient treatment is for native Americans only.

Translators: No.

Lutheran Family Services

ESPAÑOL

120 South 24th Street, #100
Omaha, NE 68102
Phone: (402) 342-7007

3040 Lake Street, #1124
Omaha, NE 68111
Phone: (402) 504-1733

11515 South 39th Street
Bellevue, NE 68005
Phone: (402) 292-9105

403 South 16th Street, #C
Blair, NE 68008
Phone: (402) 426-5454

1420 East Military Avenue, #100
Fremont, NE 68025
Phone: (402) 721-1774

www.lfsneb.org

Description: Outpatient/intensive outpatient treatment, education & consultation. Also provide parenting classes & mental health services. Services are offered at locations in Bellevue, Lincoln, Papillion & Fremont.

Restrictions: None.

Translators: Spanish speaking staff available.

NOVA Therapeutic Community

8502 Mormon Bridge Road
Omaha, NE 68152
Phone: (402) 455-8303

www.novadc.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days.

Restrictions: The residential facility is a staff secured facility, which means that those who feel they are not ready for treatment may leave.

Translators: Will contract as needed.

Salvation Army Adult Rehabilitation Center

2551 Dodge Street
Omaha, NE 68131
Phone: (402) 342-4135

www.givesalvationarmy.org/programs-services/adult-rehabilitation-center/default.aspx

Description: Alcohol and drug rehab center, individual and group therapy, self-help groups, 180 day work therapy program.

Restrictions: Adults must be 21 or older to participate. No sexual offenders.

Translators: Not available

Santa Monica

130 North 39th Street
Omaha, NE 68131
Phone: (402) 558-7088

401 South 39th Streets
Omaha, NE 68131

www.santamonicahouse.org

Description: Extended residential treatment for women 19 and older only, 18 bed facility, 6 month commitment, Children may stay with mother on weekends.

Restrictions: Women only. Must hold outside employment during their stay.

Translators: Not available.

Siena-Francis House

1702 Nicholas Street
Omaha, NE 68102
Phone: (402) 341-1821

www.sienafrancis.org

Description: Shelter for homeless, drug program, food program, and free clothing.

Restrictions: 19 and older, or women and children.

Translators: Provided as needed.

Stephen Center HERO Program

5217 South 28th Street
Omaha, NE 68107
Phone: (402) 715-5440

www.stephencenter.org

Description: 90-120 day program for adults includes a 12 step program, educational classes, individual counseling, and groups. Juvenile Intensive Outpatient Services for ages 13-19.

Restrictions: Services available to homeless, low income individuals only. Cost is based on a sliding scale

Translators: Not available.

Murphy's Turning Point, Men's ¾ way House

1110 North 31st Avenue
Omaha, NE 68131
Phone: (402) 598-8639

2816 North 26th Street
Omaha, NE 68105

3519 Leavenworth Street
Omaha, NE 68105

Description: Turning Point is a ¾ way house for men only that offers sober & structured living for recovering alcoholics and drug addicts.” Requires that participants have a desire to stay clean and sober and a willingness to make changes in their lives and behavior. Includes and/or available are AA, NA, CA meetings; group meetings; semi-private rooms, laundry, is near a bus line; and referrals for mental health and relapse prevention counseling and job counseling;.

Restrictions: Adult men only. Residents must follow guidelines of probation or parole if applicable, must be alcoholic/addict with minimum 30 days' sobriety (no CD evaluation required for admit), \$150 sobriety deposit plus \$180 (2 wks. rent) required upfront, but flexible based on person's situation. First 30 days require 5 meetings/wk. and verification of attendance. Must be employed or actively looking for work if able to work, or do 30 hrs./wk. community service if unemployed or unable to work. Applicant pre-screening by house residents and approval by the house is required, prefer in-person screening interview but flexible if incarcerated but anticipating release soon.

Translators: Not available

Williams Prepared Place

3525 Evans Street
Omaha, NE 68111
Phone: (402) 991-3948

<http://williamspreparedplace.org/>

Description: This is a transitional living facility for both men and women. It is a spiritual recovery program for individuals recovering from drug addiction and alcoholism who are willing to commit to a 6-month program.

Restrictions: Must have a primary diagnosis of chemical dependency (evaluation is not required to enter). Must be homeless and must provide verification from referring agency that they have been residing in an emergency shelter, transitional housing or have been residing up to 30 days in an institution. If the applicant has had a longer stay in an institution, the referral must state that the applicant will be homeless if not provided with assistance. Applicant must demonstrate the ability to work and pay rent.

Translators: Not available.

Valley Hope

7703 Serum Avenue
Ralston, NE 68127
Phone: (402) 991-8824

www.valleyhope.org

Description: Outpatient services, evaluations, counseling, intervention services, referrals for inpatient services.

Restrictions: Applicants must have a primary diagnosis of chemical dependency. Not a dual-diagnosis facility. Will not accept applicants who are suicidal and/or self-harming. Does not accept Medicaid/Medicare or Tricare.

Translators: Not available

Support Groups

Addiction

Adult Children of Alcoholics/Dysfunctional Families

First Presbyterian Church
1005 1st Corso
Nebraska City, NE 68410
Phone: (310) 634-1815

Midlands Hospital
11111 South 84th St.
Papillion, NE 68046

<http://www.adultchildren.org/>

Description: Includes adult children of alcoholics, codependents, and addicts of various sorts. These ACA members have the trademark presence of abuse, shame, and abandonment found in alcoholic homes.

Meetings: First Presbyterian Church (Saturdays at 10:30am); Midlands Hospital (Sundays at 4pm)

Restrictions: Are both closed meetings (ACA only).

Translators: Not available.

Note: Due to the confidential nature of the group, more information regarding meetings and contact information can be found online per request. Online meetings, telephone meetings, and audio/online meetings also offered.

Al-Anon

Al-Anon Information Services/ 12-Step
105 South 49th Street, Suite G
Omaha, NE 68132
Phone: (402) 553-5033

<https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

Description: For families and friends of alcoholics. No fees or registration required. Meetings are on a walk-in basis.

Restrictions: Al-Anon is not a program for finding or maintaining sobriety. It is a program to help the families of alcoholics recover from the effects of someone else's drinking. Due to confidentiality, please see the website for more information.

Translators: Not available.

Alcoholics Anonymous (AA) Central Office

Phone: (402) 553-5033

<https://www.aa.org/>

<http://www.omahaaa.org/find-a-meeting/>

Description: For men and women that have a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. The membership is open to anyone who wants to do something about their drinking problem.

Restrictions: Closed meetings (AA only). Inquire online for open meetings.

Translators: Not available.

Note: Due to the confidential nature of the group, more information regarding meetings and contact information can be found online per request. Online meetings, telephone meetings, and audio/online meetings also offered.

Celebrate Recovery

Phone: (402) 571-2038

<https://www.celebraterecovery.com/>

Description: Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction of any kind. It is a safe place to find community and freedom from the issues that are controlling our life. For those struggling with addiction, anger, codependency, eating disorders, food addiction, love & relationship addiction, physical/emotional/sexual abuse, alcohol/drug addiction, sexual addiction, or gambling addiction. Restrictions: None

Translators: Not available.

Cocaine Anonymous

12-Step House

7306 Grant St.

Omaha, NE 68134

Phone: (402) 978-8881 or contact the Area Chair John Spencer at (402) 203-3015

<https://ca.org/>

<https://nebraskaca.org/>

<http://www.ca-online.org/meetings/>

Description: Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership. Email and skype meetings available as well.

Restrictions: No smoking allowed

Translators: Not available.

Debtors Anonymous

Phone: (402) 393-0706

<https://debtorsanonymous.org/>

Description: Help and support for those that have unmanageable debt that may lead to other problematic behavior.

Restrictions: None.

Translators: Not available.

Gamblers Anonymous

Phone: (402) 978-7557

<http://www.gamblersanonymous.org/ga/>

Description: A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem. They desire to stop gambling. There may be some fees and financial obligations with membership. More information regarding meetings and contact information can be found online per request.

Restrictions: Are all closed meetings.

Translators: Not available.

Greater Omaha Intergroup of Overeaters Anonymous

Phone: (402) 516-4234

<https://omahaoa.org/>

Description: “Is a fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating”. No fees or dues for membership.

Restrictions: None

Translators: Unknown

Narcotics Anonymous

Phone: (402) 660-3662

<https://www.na.org/>

Description: A “non-profit fellowship of men and women for whom drugs had become a major problem”. No fee for membership.

Restrictions: Closed meetings not open for the public.

Translators: Not available.

Recovery from Food Addiction

Phone: (402) 593-2032

<http://www.recoveryfromfoodaddiction.org/>

Description: Is a fellowship of women and men dedicated to physical, spiritual, and emotional recovery by abstaining from sugar, flour, and wheat in all forms and by living the twelve steps of recovery. The food plan and step work lead our members to a new freedom from overeating, compulsive eating, anorexia, and bulimia.

Meetings:

Restrictions: Please call the contact person before attending a meeting to confirm the date/time

Translators: Not available

Sex Addicts Anonymous

Westgate Professional Center
2808 South 80th Ave., Suite 100
Omaha, NE 68124
Phone: (402) 573-6790
Email: Slaa.ormaha@gmail.com
<http://slaaomaha.weebly.com/>

Description: It is a Twelve Step, Twelve Tradition oriented recovery fellowship for men and women (18+) that may have a problem with sex and love addiction. Call the number or send them an email to talk about attending meetings. Some numbers and locations are not shared publicly due to the anonymous nature of the program.

Restrictions: Some meetings are for an exclusive population, like women only. Many are closed meetings. Check the website for more information.

Translators: Not available.

Domestic Violence

Women's Center for Advancement- Domestic Violence Support Groups

3801 Harney Street
Omaha, NE 68131
Phone: (402) 345-6555 x 280
<https://wcaomaha.org/>

Description: Support groups are free of charge. We can ever provide transportation to and from support groups if needed; one just needs to phone ahead of time.

Restrictions: Childcare not provided.

Translators: Not available.

Grief

Friends and Families of Inmates- Omaha (FFI-O)

First Christian Church
6630 Dodge Street
Omaha, NE 68132
Phone: (402) 558-2085
<http://www.crossoveromaha.org/FFI.php>

Description: To provide moral support and assistance to those whose Loved Ones are incarcerated. Also focuses on advocating for a human, rational, and restorative correctional system.

Restrictions: None.

Translators: Unknown

Grief's Journey

7811 Farnam Dr.
Omaha, NE 68114
Phone: (402) 502-2773
<https://griefsjourney.org/>

Description: Serve adults and children ages 3-18 grieving a death or serious illness and/or injury. Office hours are Monday- Friday 8am-4:30pm.

Restrictions: Youth must be accompanied by an adult. Some support groups are either catered to children, teens, or are adult only. Registration online. Free services.

Translators: Some bilingual volunteers may be present.

Support Without Borders

Grace United Methodist Church
2418 E Street
Omaha, NE 68107
Phone: (402) 507-0190
<https://griefsjourney.org/programs/support-without-borders/>

Description: Support Without Borders is Grief's Journey's newest program, designed to provide grief support to those experiencing separation of a loved one due to immigration challenges. Join us for this FREE opportunity to share your experiences, build healthy coping skills, and meet others who "get it". Light snack provided.

Restrictions: Call or register online before attending.

Translators: There is a group for Spanish-speaking adults. Facilitators are bilingual.

The Compassionate Friends

Greater Omaha Chapter
P.O. Box 540852
Omaha, NE 68154
Phone: (402) 571-4011
<http://www.pflag-omaha.org/>

Description: The Compassionate Friends is a self-help organization offering support and understanding to families who have experienced the death of a child.

Restrictions: None.

Translator: Unknown

LGBTQIA+

Affirming Care Group

Heartland Family Services

Central Office
2101 S. 42nd Street
Omaha, NE 68105

Sarpy Office
302 American Parkway
Papillion, NE 68046

Description: Therapist led to support LGBTQ+ individuals who needs support with beginning a path of recovery from substance use or assistance with emotional stability. Restrictions: Youth ages 13-18. Must have completed a MH evaluation within the last 6 months. Translators: None

PFLAG (Parents and Families of Lesbians and Gays)

Countryside Community Church's (Memorial Hall)

8787 Pacific Street

Omaha, NE 68114

Phone: (402) 291-6781

<http://www.pflag-omaha.org/>

Description: Provides support for families, allies and people who are LGBTQ+. Provides education for ourselves and others about the unique issues and challenges facing people who are LGBTQ+. Advocates in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ+. For support and education regarding sexual orientation, gender identity, and gender expression.

Proud Horizons Youth Group (sponsored by PFLAG)

First United Methodist Church (Mead Hall)

7020 Cass Street

Omaha, NE 68132

Phone: (402) 291-6781

<http://www.pflag-omaha.org/>

Description: Youth Group for gay, lesbian, bisexual, transgender, and straight ally youth ages 13-23.

Restrictions: Age limit.

Translators: Unknown

Women's Center for Advancement- LGBTQIA+ Trauma Support Group (PRISM)

3801 Harney Street

Omaha, NE 68131

Phone: (402) 345-6555 x 280

<https://wcaomaha.org/>

Description: Support groups are free of charge. We can ever provide transportation to and from support groups if needed; one just needs to phone ahead of time. This support group provides continued support for members of the LGBTQIA+ community who have experienced Trauma.

Restrictions: None.

Translators: Unknown

Medical Conditions

ALS (Lou Gehrig's Disease)

Nebraska Office

900 S 74th Plaza, Ste. 106

Omaha, NE 68114

Phone: (402) 991-8788

<http://www.alsa-midamerica.org/>

Description: The ALS Association aims to discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest. Support groups for those affected by ALS and their families.

Restrictions: Need to call the phone number provided to RSVP for a support group meeting.

Alzheimer's Association

Nebraska Office

11711 Arbor Street, Suite 110

Omaha, NE 68144

Phone: (800) 272-3900

<https://www.alz.org/nebraska>

<https://www.communityresourcefinder.org/ProviderSearch/Search?ProfileDefinitionId=91&location=omaha,NE>

Description: The Alzheimer's Association is a health organization that specializes in Alzheimer's care, support, and research. It aims to find treatment of Alzheimer's disease through research and to provide care and support for all affected by the disease. They also promote brain health and, through this, hope to reduce the risk of dementia.

Restrictions: Need to register online before attending. See online for updated meeting dates before attending.

Breast Cancer Support Group

Methodist Estabrook Cancer Center

8303 Dodge St.

Omaha, NE 68114

Phone: (402) 354-5890

<http://harpershope.org/support/>

Description: Harper's Hope and Methodist Estabrook Cancer Center work with local organizations to offer additional, specialized support groups to cancer survivors.

Restrictions: Women only.

Crohn's Disease & Colitis

Hy-Vee

3410 North 156th St.

Omaha, NE 68116

Phone: (402) 505-9901

<http://www.crohnscolitisfoundation.org/>

Description: This foundation is dedicated to finding cures for Crohn's Disease and ulcerative colitis and to improve the quality of life of children and adults affected by these diseases. They also have an online community. Register for support group through the website.

Restrictions: None.

Diabetes Education Center Support Group

2910 South 84th St.

Omaha, NE 68124

Phone: (402) 399-0777 ext. 230 or toll free: (800) 779-3374

<https://diabetes-education.com/>

Description: This community-based, nonprofit organization is dedicated to enhancing the quality of life of diabetic individuals and their families by empowering them through health education to take charge of their lives.

Restrictions: Office hours is 8a-5p (closed Fridays and Saturdays). The Type 2 Diabetes Support Group is temporarily suspended.

Hearing Loss Support Groups- Nebraska Commission for the Deaf and Hard of Hearing

Omaha Office

1313 Farnam St.

Omaha, NE 68102

Phone: (800) 545-6244

<https://ncdhh.nebraska.gov/>

Description: NCDHH promotes and advocates for Nebraskans who are Deaf, Deaf-Blind, or Hard of Hearing to achieve equality and opportunity in social, educational, vocational, and legal aspects impacting their daily lives. They aim to enhance and monitor access to effective communication and telecommunication technology.

Restrictions: None.

Huntington's Disease Society of America

4239 Farnam St., Suite 105

Omaha, NE 68198

Phone: (402) 552-6465

<https://hdsa.org/>

<http://omaha.hdsa.org/about/affinfo>.

Description: This nonprofit is dedicated to improving the lives of everyone affected by Huntington's disease through community services, education, advocacy, and research. There is an online community as well.

Restrictions: Must create an account online to access some resources available, such as the support groups.

Leukemia & Lymphoma Society- Nebraska Chapter

11840 Nicholas St., Suite 215

Omaha, NE 68154

Phone: (402) 344-2242

<https://www.lls.org/>

<https://www.lls.org/support/online-chats>

Description: Their mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and to improve the quality of life of patients and their families. Online support is available as well.

Restrictions: Must create an account online to access some resources available, such as the support groups.

Nebraska AIDS Project

250 S. 77th St., Suite A

Omaha, NE 68114

Phone: (402) 552-9260

<http://www.nap.org/>

Description: Nebraska AIDS Project leads the community in the fight to overcome HIV/AIDS and its stigma through education, supportive services and advocacy.

Restrictions: Some restrictions depending on the meeting.

Nebraska Chapter- National Hemophilia Foundation

8031 West Center Road, Suite 304

Omaha, NE 68124

Phone: (402) 742-5663

<https://www.nebraskanhf.org/#stq=&stp=0>

Description: This organization is dedicated to finding better treatments and cures for inheritable bleeding disorders and to prevent the complications of these disorders through education, advocacy, and research. They were founded out of a need to raise awareness for voices not heard.

Restrictions: PING is for parents with children with a bleeding disorder. There are two groups with different age groups.

Nebraska SIDS Foundation

P.O. Box 540633

Omaha, NE 68154

Phone: (402) 935-1911

<http://www.nebraskasidsfoundation.org/>

Description: This foundation's mission is to help families and care providers become educated about SIDS and to provide support for grief.

Restrictions: None.

Nebraska State Stroke Association

Barkley Memorial Center, #264

4075 East Campus Loop

Lincoln, NE 68583

Phone: (402) 472-3140

<https://nebraskastroke.org/>

For updates, contact Hello@NebraskaStroke.org

Description: This organization's vision is to be a statewide resource to reduce the impact of stroke and enhance the quality of life of those affected by a stroke. Their mission is to serve Nebraskans through stroke prevention, education, advocacy, and support services.

Restrictions: Call before attending to verify meeting and to RSVP.

Parkinson's Nebraska

16811 Burdette St., Suite 1

Omaha, NE 68116

Phone: (402) 715-4707

<https://parkinsonsnebraska.org/>

Description: This organization is dedicated to using their time and talents to help bring education, expertise, classes, support and a host of other resources together in Nebraska.

Restrictions: None.

Us Too (Prostate Cancer)

2720 S. River Road, Suite 112

Des Plaines, IL 60018

Phone: (630) 795-1002

<http://www.ustoo.org/>

Description: This international non-profit aims to educate about prostate cancer and to provide a support network for men and their spouses/partners/families.

Restrictions: Office is open Monday through Friday from 9a-5p

Mental Health

Attention Deficit Disorder Association (ADDA)

Phone: (800) 939-1019

Email: <https://add.org/contact-adda/>

<https://add.org/>

Description: This virtual, volunteer-run organization aims to help adults with Attention Deficit/Hyperactivity Disorder lead better lives.

Restrictions: Support groups for adults only. Some support groups for certain populations only.

Membership needed to attend meetings. See online for dates: <https://add.org/adda-virtual-programs/>

Cost ranges from \$5-\$20/month.

Note: It may take several hours to several days until someone may return your phone call.

Children and Adults with Attention Deficit/Hyperactivity Disorder

Omaha Metro CHADD

PO Box 4964

Omaha, NE 68104

Email: omaha@chadd.net

Meeting Schedule: <http://www.chadd.net/template.cfm?affid=356&p=about>

Description: Their mission is to provide support and education to the ADHD community that incorporates parents and caregivers of children and adults diagnosed with ADHD. They incorporate a collaborative effort to bring awareness with the help of healthcare professionals.

Restrictions: None.

Co-Dependent's Anonymous (CoDa)

Email: codaomaha@yahoo.com

<http://www.codaomaha.org/>

Description: The only requirement for joining is to have a desire for healthy and fulfilling relationships, by using the Twelve Steps and Twelve Traditions to develop honest and fulfilling relationships.

Restrictions: None.

Depression & Bipolar Support Alliance

DBSA Omaha New Hope

3410 North 156th St.

Phone: (402) 502-4673

Email: newhope.dbs@gmail.com

<http://biz130.inmotionhosting.com/~omahan5/>

Description: DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders.

Restrictions: None.

Note: If Omaha Public Schools is closed due to bad weather, meetings will not be held.

National Alliance of Mental Illness (NAMI)

NAMI Nebraska (Annex Building)

415 South 25th Ave.

Omaha, NE 68131

Phone: (402) 345-8101

<https://naminebraska.org/>

Description: This nonprofit, membership organization provides education and support services (through affiliates) to those that have been affected by mental illnesses.

Restrictions: None.

Nebraska Family Support Network

Nebraska Family Support

3568 Dodge St. #2

Omaha, NE 68131

Phone: (402) 345-0791

Email: newhope.dbs@gmail.com

<https://nefamilysupportnetwork.org/>

Description: NFSN aims to empower Nebraska children and families affected by mental, emotional, or behavioral health issues through peer mentoring, education, and advocacy.

Restrictions: None.

Parenting (Single, Widowed, and/or Divorced)

Beginning Experience

Center for Family Foundation

Archdiocese of Omaha

3214 North 60th St.

Omaha, NE 68104

Phone: (402) 551-9003 Ext. 1304

<http://www.beginningexperienceofomaha.org/>

Description: Omaha Beginning Experience has been serving widowed, separated, and divorced persons of all faiths, and their families, in Nebraska and Southwest Iowa for over 30 years with their programs. Offers a 6-week program called “Beginning Experience Coping”, which is lead by a trained group of men and women who are also divorced, separated, or widowed.

Restrictions: None.

Note: \$25 donation for all six sessions is suggested, but not mandatory, as no one is excluded due to the inability to donate.

DivorceCare

P.O. Box 1739

Wake Forest, NC 27588

Phone: (800) 489-7778

Email: info@divorcecare.org

<https://www.divorcecare.org/groups/search>

Description: This organization aims to provide support for those that are going through separation or divorce.

Restrictions: None.

Pregnancy, Abortion and Parenting

Nebraska Children's Home Society

4939 S. 118th St.

Omaha, NE 68137

Phone: (402) 451-0787

<https://www.nchs.org/>

Description: This organization aims provide education and support to families, putting the children first.

Restrictions: None.

Senior Citizens

Generations Center (Heartland Family Service)

North Omaha Intergenerational Human Services Campus

4318 Fort St.

Omaha, NE 68111

Phone: (402) 553-5300

<https://www.nchs.org/>

Description: The center supports the recreational, social, and nutritional needs of low-income senior citizens in the community. It is free of cost to attend. Lunch (Mon.-Fri.) is with a suggested contribution, and transportation is available for certain individuals (must inquire with HFS for more information).

Restrictions: None.

Ninnys and Teddy Bears – Grandparent Support Group

Christine Height Senior Center

5105 S 37th Street

Omaha, NE 68107

Phone: (402) 709-0999

Ninnysandteddybears@gmail.com

Teen parenting and pregnancy

Center for Healthy Families **ESPAÑOL**

3040 Lake Street

Omaha, NE 68111

Phone: (402) 504-1733

<https://www.lfsneb.org/location/north-omaha-center-for-healthy-families/>

Description: Provides parenting classes, education and support groups, specialized programming for pregnant or parenting teens, groups and classes to promote the involvement of fathers in parenting and family life, wellness based incentive program for young parents to get necessary baby and toddler items like diapers, formula, car seats, and strollers.

Restrictions: Omaha resident only.

Translators: Spanish Available.

Child Saving Institute

4545 Dodge Street

Omaha, NE 68132

Phone (402) 553-6000 or (866) 400-4CSI

www.childsaving.org

Description: Pregnancy Counseling, parenting education, referrals to other community resources that offer assistance with housing, medical coverage, and personal finances. Young Parents Program (YPP) serves pregnant and parenting males and females, ages 24 and under, providing 10 weeks of parenting classes offered 4 times a year. Home-based support and education is provided by family support specialists and parenting individuals, providing education on positive parenting skills as well as positive life skills.

Restrictions: Pregnancy counseling services are available to all prospective parents, male and female, of all ages. There is no charge. Small charge for cost of book for parenting classes.

Translators: Not available

Essential Pregnancy Services (EPS) **ESPAÑOL**

6220 Maple Street

Omaha, NE 68104

Phone: (402) 554-0121

24 hour hotline:(402) 554-1000

www.essentialps.org

908 West Mission Avenue

Bellevue, NE 68005

Phone: (402) 933-2988

3029 North 93rd Street

Omaha, NE 68134

Phone: (402) 763-8768

Description: Pregnancy tests, ultra sounds, STD testing, health and nutrition education, breast feeding education, smoking cessation program, baby items and equipment, maternity and baby clothing, professional counseling, adoption information, parenting education, post-abortion counseling, GED instruction, work training program, community resource referrals. All services are free and confidential.

Restrictions: For pregnant women or those with child under the age of 1.

Translators: Spanish staff available Monday and Fridays.

Nebraska Children's Home Society

4939 S 118th Street
Omaha, NE 68137
Phone: (402) 451-0787

Description: Teen and young parent program and Healthy Families America program offer an family resource specialist to provide weekly visits where parents learn about child development and discuss family goals and ongoing resources in the community.

Restrictions: Teen and young parent program ages 25 or less living in Omaha-metro (includes Bellevue and Council Bluffs). Healthy Families America program is women 19+ living in Douglas County. Supports caregivers for children up to age five.

Planned Parenthood

3105 North 93rd Street
Omaha, NE 68134
Phone: (877) 811-7526

www.plannedparenthood.org

Description: Birth control services, pregnancy testing, options & services, patient Education, emergency contraception, general health care, STD testing & treatment, HIV testing, HPV & hepatitis vaccines, LGBT services, abortion referral.

Restrictions: Need pay stubs for reduced fee for services.

Translators: Can be arranged as needed.

Stork's Nest

University of Nebraska Medical Center (UMNC)
4239 Farnam Street, 4th floor adjacent to the OBGYN Outpatient Clinic
Phone: (402) 559-4000

Description: Designed to increase the number of women who get early and regular prenatal care. Seeks to improve the health of pregnant women and their babies by providing maternity and baby clothing, nursery items, educational classes and referrals to community resources to meet individual health and social service needs. Women earn points for keeping appointments, participating in prenatal educational classes, and maintain a healthy diet and lifestyle that can be used towards incentive items.

Restrictions: Women must have low-income and need encouragement to keep prenatal appointments.

Translators: Not available

Transportation

Camelot Transportation

Phone: 1 (800) 452-3194

<http://www.camelottransportation.net/>

Description: Available 24 hours a day, 7 days a week. Can transport minors with guardian's permission.

Restrictions: 24 hour notice is requested.

Metro Area Transit (MAT)

2222 Cuming Street

Omaha, NE 68102

Phone: (402) 341-0800

www.ometro.com

Description: Public transportation. One free pass to class each qtr.

MOBY

2222 Cuming Street

Omaha, NE 68102

Phone: (402) 341-0800 # 2105

Description: Transportation to appointments for disabled persons. Wheel chair accessible, curb to curb service. \$2.50 each way.

Restrictions: Pre-certification needed.

Translators: Not available

Together Inc. **ESPAÑOL**

812 South 24th Street

Omaha, NE 68108

Phone: (402) 345-8047, ext. 204

www.togetheromaha.org

Description: 1 week worth of public transportation for person starting a new job.

Restrictions: Must show proof from employer of start date.

Translators: Spanish available.

Ways to Work

Heartland Family Service

302 American Parkway (Sarpy County)

Papillion, NE 68005

Phone: (402) 339-2544

www.heartlandfamilyservice.org

2101 South 42nd Street

Omaha, NE 68105

Phone: (402) 553-3000

Description: Provides small, short term, low interest loans to working families with low income and challenging credit histories. Loans are used to help individuals remain in or move forward in their jobs, a critical asset of financial stability.

Restrictions: Must be employed 20 hours a week for at least 6 consecutive months, challenged credit history, custodial parent of a child under 18, valid driver's license, household income restrictions, live in Douglas, Sarpy or Washington County.

Translators: Spanish available.

Tutoring/Educational Services

Avenue Scholars

(Bright Futures Foundation)

7101 Mercy Road, Suite 240

Omaha, NE 68106

Phone: (402) 916-9777

www.avescholars.org

Description: Provides intrusive support for students of talent and needs through high school, college and into the workplace. Avenue students are selected in the spring of their sophomore year and are served in their respective high schools as juniors and seniors by a fulltime Talent Advisor. The Talent Advisor meets 15-25 juniors and 15-25 seniors during a regularly scheduled class period. Outside of the classroom, Avenue students and their families receive a wide range of academic, social and financial planning services. Many of these are delivered at the Avenue Center, where students have additional contact time with their Talent Advisors, as well as regular access to tutors and mentors.

Restrictions: High school student in Douglas or Sarpy county.

Translators: Not available.

Club Z Tutoring

Phone: (402) 884-0111

www.clubztutoring.com

Description: In-home tutoring pre-K to adult, all subjects. GED, ACT, and SAT prep. Year around programs.

Restrictions: Fee based.

Translators: Foreign language classes available.

Creighton University Educational Talent Search Program

2500 California Plaza

Omaha, NE 68178

Phone: (402) 280-2314

<https://www.creighton.edu/trio/talentsearch/>

Description: Advising, test preparation, financial aid assistance, tutoring and field trips.

Restrictions: Students must be U.S. citizens, grades 6th-12th, and completed the fifth grade. A veteran, regardless of age, may participate if otherwise eligible. Potential first-generation college students (neither parent nor primary care-taker has graduated from a four-year college with a baccalaureate degree). Must have and maintain a 2.5+ GPA. Income restrictions apply.

Translators: Not available.

Educare ESPAÑOL

2123 Paul Street

Omaha, NE 68102

Phone: (402) 898-1783

www.educareomaha.com

Description: Childhood center that provides all day, year round education for economically disadvantaged children.

Restrictions: Ages Birth to 5, must fall below federal poverty guidelines.

Translators: Spanish available

Educational Service Unit #3 (ESU 3)

6949 South 110th Street

La Vista, NE 68128

Phone: (402) 597-4800

www.esu3.org

Description: Educational Service Unit #3 is an intermediate agency providing supplementary educational services to 18, K - 12 and two rural, Class I school districts in Douglas, Sarpy, Cass and Washington Counties in eastern Nebraska. One service provided is service coordination which is an entitlement for children age birth to 3 verified as having a disability according to Nebraska law. The goal is to teach & empower families to eventually act as their own service coordinator when service coordination ends on the August 31st after the child's 3rd birthday.

Restrictions: The birth to 3 program provides early development special education services to any family with a child birth to 3 years of age who has a developmental delay according to Nebraska Department of Education Rule 51.

Translators: Agency will arrange as needed.

EducationQuest Foundation

11031 Elm Street
Omaha, NE 68144
Phone: (402) 391-4033
www.educationquest.org

Description: Computerized database on scholarships, assistance with filing for student aid, info on colleges & universities.

Restrictions: Free services for Nebraska students.

Translators: Available at the Lincoln office.

G.O.A.L.S Center

3215 Cuming Street
Omaha, NE 68131
Phone: (402) 980-7812
www.goals-center.org

Description: Has trained Family Advocates that work directly with schools, students and their families to address the root causes of absenteeism.

Restrictions: Douglas and Sarpy County

Translators: Yes

Hope Center for Kids

2200 North 20th Street
Omaha, NE 68110
Phone: (402) 341-4673
www.hopecenterforkids.com

Description: Tutoring, literacy program, social skill building and recreation. Meals provided. School year hours: Mon, Tu, Thurs 3:30pm - 6:00pm, Wed 2:30pm-6:30pm, Fri 3:30pm-6:00pm. Summer hours: Mon–Fri 11:00am - 4:00pm.

Restrictions: Children ages 8- 19. \$10 membership fee.

Translators: None.

Learning Disabilities Association

Phone: (402) 571-7771
www.ldaamerica.org/ida-chapters/nebraska/

Description: Information resources and support for children and adults with learning disabilities.

Restrictions: None.

Translators: Not available.

Literacy Center for the Midlands ESPAÑOL

324 South 72nd Street
Omaha, NE 68114
Phone: (402) 342-7323
www.giveliteracy.org

Description: Our volunteers work one-on-one with our Adult Basic Literacy and English as a Second Language (ESL) programs. The Reach Out and Read program provides books for children ages 6 months to 5 years of age through participating physician offices to promote the importance of early literacy.

Restrictions: Tutoring services are for adults.

Translators: Spanish available.

Maple Street YMCA

7502 Maple Street

Omaha, NE 68134

Phone: (402) 393-3700

www.metroymca.org

Description: Teen program ages 12 and up, every weekday from 2:30pm - 6:30pm.

Restrictions: Free program to members, but there is a cost for non-members. Children must range in age from 7th to 10th grade.

Translators: Not available.

Omaha Public Schools Adult Basic Education ESPAÑOL

3230 Burt Street

Omaha, NE 68131

Phone: (402) 557-2620

www.ops.org

Description: Reading and basic instruction to review academic skills. General Education Development (GED) to earn a high school diploma. English as a Second Language (ESL) classes to learn to speak, read, and write English. List of testing times available to complete the required five components.

Restrictions: Must reside in OPS district to participate.

Translators: Spanish & sign language available.

Parent Training and Information Center (PTI) ESPAÑOL

1941 South 42nd Street, Suite 205

Omaha, NE 68105

Phone: (402) 346-0525

www.pti-nebraska.org

Description: Information and training to all parents of children with disabilities. Information on special education laws, IEP plans, and 504 plans.

Restrictions: None.

Translators: Spanish available.

South Omaha Boys and Girls Club **ESPAÑOL**

5051 South 22nd Street
Omaha, NE 68107
Phone: (402) 733-8333
www.bgcomaha.org

Description: Homework assistance in any subject. Runs during the school year, weekdays from 3:00pm - 8:00pm.

Restrictions: Membership fee for the year is \$30.

Translators: Spanish available.

Triage Program

1941 South 42nd Street, Suite 502
Omaha, NE 68105
Phone: (402) 934-4933
<https://www.reconnectsuccess.com/triage-youth-program>

Description: The overall purpose of the Triage program is to provide evidence-based support and services to youths at risk of becoming involved in criminal or delinquent behavior and youth and young adult offenders between the ages of 14-18 years who have not been convicted of an adult charge. Program areas include educational tutoring, job readiness, and personal development and accountability. Also has program Family Matters which provides mediation between parents and children.

Restrictions: Ages 14-18. Must attend one night a week during the first 60 days.

Translators: Not available

Whiz Kids Tutoring **ESPAÑOL**

358 North 41st Street
Omaha, NE 68131
Phone: (402) 553-4003
www.avalonlearningcenter.com

Description: Year round private tutoring for grades K - 12 in all subjects. Study skills class available.

Restrictions: None.

Translators: French & Spanish available.

YMCA Teen Center

4344 North 34th Avenue
Omaha, NE 68111
Phone: (402) 451-1050
www.metroymca.org

Description: Teen after school program.

Restrictions: Free program to members, but there is a cost for non-members. Children must range in age from 12-18.

Translators: Not available.

Utility Assistance

American Red Cross **ESPAÑOL**

2912 South 80th Avenue
Omaha, NE 68124
Phone: (402) 343-7700
www.redcross.org

Description: Energy assistance. Emotional and financial assistance following a disaster, such as a house fire. Restrictions: None.

Translators: Spanish available.

Bellevue Human Services

204 West Mission Avenue
Bellevue, NE 68005
Phone: (402) 682-6602
<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Emergency financial assistance, transportation & food. Clothing and pantry referrals.

Restrictions: Bellevue residents only, must have shut off notice or eviction notice.

Translators: Not available.

Douglas County General Assistance **ESPAÑOL**

1111 South 41st Street, Suite 220
Omaha, NE 68105
Phone: (402) 444-6215
<https://generalassist.douglascounty-ne.gov/>

Description: Rent, utility and clothing assistance.

Restrictions: Income guidelines apply, must be a Douglas County resident.

Translators: Spanish available.

ENCAP Eastern Nebraska Community Action Partnership

2406 Fowler Avenue (North)	1908 Hancock Street (Sarpy)
Omaha, NE 68111	Bellevue, NE 68005
Phone: (402) 453-5656, ext. 200	Phone: (402) 292-2961

www.encapomaha.org

Description: Rent and utility assistance when funds are available.

Restrictions: Income guidelines apply.

Translators: Spanish available.

Energy Assistance (Douglas & Sarpy Counties) **ESPAÑOL**

Health and Human Services

1215 South 42nd Street
Omaha, NE 68105
Phone: (402) 595-3400

Description: Financial assistance for utilities.

Restrictions: Income guidelines apply, must live in Douglas or Sarpy County.

Translators: Spanish available.

Heart Ministry Center

2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321

www.heartministrycenter.org

Description: Assists with housing or utility payments.

Restrictions: Must be a part of their case management program. Family must meet on of these requirements: be working full time with children under age of 18, receiving disability payments or be over the age of 65.

Translators: None available.

Heartland Family Service (Omaha) ESPAÑOL

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000

www.heartlandfamilyservice.org

Description: Rent, deposit, and utility assistance.

Restrictions: Nebraska residents only.

Translators: Coordinated with the Latino Resource Center as needed.

Heartland Family Service (Papillion) ESPAÑOL

302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544

www.heartlandfamilyservice.org

Description: Utility assistance.

Restrictions: Sarpy County residents only.

Translators: Spanish available.

Holy Family Door Ministry

1715 IZard Street
Omaha, NE 68102
Phone: (402) 341-6561

www.holyfamilyomaha.org

Description: Food, utilities, rent, clothing, and medicine.

Restrictions: Adults need photo ID, SS card, proof of residence, children need medical card. Open Mon - Wed from 9am – 1pm, with appt only.

Translators: Not available.

Metropolitan Utilities District Energy Intervention (MUD) ESPAÑOL

1723 Harney Street
Omaha, NE 68102
Phone: (402) 554-6666
www.mudomaha.com

Description: Utility Assistance to help customers pay utility bills by referring them to community resources. Open Mon - Fri from 7:30am – 5:15pm. Runs Jan. to March.

Restrictions: Program available to anyone with a disconnect notice residing in Douglas or Sarpy County. Walk in with the disconnect notice and you will be given the next available appointment by receptionist.

Translators: Spanish speaking staff available.

Salvation Army (Fremont)

707 North “I” Street
Fremont, NE 68025
Phone: (402) 721-0930
<https://centralusa.salvationarmy.org/western/Fremont>

Description: Food Pantry, also provide utility, rent and prescription assistance.

Restrictions: Income guidelines apply.

Translators: Not available.

Salvation Army Material and Seasonal Assistance ESPAÑOL

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Description: Clothing, food, home furnishing, and housing. Emergency heat aid.

Restrictions: Must provide picture ID, SS cards or birth certificate and proof of residence in last 30 days.

Translators: Bi-lingual staff available.

Sarpy County General Assistance

1308 Golden Gate Drive
Papillion, NE 68046
Phone: (402) 593-4400
www.sarpy.com/humanservices/general_assistance_program.html

Description: Utility, rent and prescription assistance, non-food vouchers.

Restrictions: Must call before receiving shut off notice or eviction notice, can help with current month's bill only. Sarpy County residents only.

Translators: Not available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street

Humbolt, NE 68376

Phone: (402) 862-2411

www.senca.org

Description: Utility and rent assistance, food and clothing pantry and emergency shelter.

Restrictions: Income guidelines apply. For utility assistance, must have shut off notice. For rent assistance, must have eviction notice.

Translators: Agency will provide if needed.

St. Vincent de Paul

14330 Eagle Run Drive

Omaha, NE 68164

Phone: (402) 496-7988

www.svdpomaha.org

Description: Back to School Drive for school supplies (July/August), holiday assistance (food, clothing, gifts- Nov/Dec), baby and maternity gifts (Jan), and refugee support.

Translators: Not available.

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