



Region 6 Behavioral Healthcare
Behavioral Health Advisory Committee Meeting
Meeting Minutes
October 2, 2024

Advisory Members Present:

Jeff Leach
John Brady
Chris Kelly
John Sheehan
Michealle Vega-Hernandez
Amy Zimmer
Julie Nielsen

Advisory Members Absent:

Cameron Soester
Medjine Desgraves

Region 6 Staff Present

Taren Petersen
Crystal Fuller
Jennifer Sanders
Miles Glasgow

Recorder:

Bev Jackson

1. Welcome

The regular monthly BHAC meeting was called to order at 9:00 AM.

2. Roll Call

Roll call of the members was done, and it was determined that there was a quorum.

3. Approval of the September 4, 2024 Meeting Minutes

Chris Kelly made the motion to approve the September 4, 2024 meeting minutes.
John Brady seconded the motion.
The motion passed unanimously upon voice vote.

4. Approval of the Agenda

Amy Zimmer made the motion to approve the October 2, 2024 agenda.
Julie Nielsen seconded the motion.
The motion passed unanimously upon voice vote.
Michealle Vega-Hernandez joined the meeting at 9:02.

5. State Opioid Response (SOR 4) – Crystal Fuller

Crystal referred to the printout that was included in everyone’s packet. This printout included a budget and workplan. This is the fourth round of the two year funding for all five counties. The priority for this funding is reducing the impact of opioid misuse and opioid overdoses through prevention, treatment, and recovery strategies.

John Shehan joined the meeting at 9:05,

a. Review of Funding and Budget Narrative

The total budget is \$187,922.00. Crystal broke down how the dollars will be utilized.

b. BHAC Recommendation to the Regional Governing Board

John Brady made the motion to recommend to the Regional Governing Board.

Amy Zimmer seconded the motion.

A roll call vote was made, and the motion passed unanimously.

6. Opioid Settlement Funds Grant Application Update - Jennifer Sanders

Jennifer shared that on September 27, an email was sent out, and a notice was placed in the newspaper announcing a grant application process for opioid settlement funds. The applications are due by October 25, 2024.

The grant review process will begin on November 11, 2024, with the recommendations being brought to BHAC on December 4, 2024 for approval to present to the Regional Governing Board on December 12, 2024. Jennifer continued with the timeline, stating that on December 13, 2024, written notice will be sent to those that were approved.

Jennifer shared that the areas of interest were narrowed down to the following:

- Awareness, Education and Prevention
- Community Connection and Support
- Enhanced Crisis Response
- Expanded Access to Treatment Services

There were no questions or comments.

7. Board of Mental Health Coordinator-Roles and Responsibilities – Arrow Caryl

Arrow gave a background on his position, role and job responsibilities. He then shared an overview of his accomplishments in the last 18 months.

There were no questions or comments.

8. Case Management in Community Emergency Departments – Miles Glasgow

Miles discussed a project that is being implemented in emergency departments. There was a meeting held on February 24, 2024, and they came up with several priorities.

At this point in time, it is a pilot project and CHI will be involved.

There will be a forthcoming RFP.

Miles stated that there is more to come.

There were no questions or comments.

9. Analysis of FY24 Funding Utilization – Taren Petersen

Taren referred to the printout that was included in everyone’s packet.

Taren stated that Region 6 Behavioral Healthcare (Region 6) received \$24,631,483 in state and federal funding from the Department of Health and Human Services – Division of Behavioral Health in FY24. At the end of the fiscal year, a total of \$7,836,810 was unspent. Of the total unspent funds, \$7,471,417 was from mental health and \$365,393 was from substance use.

To understand why dollars were not drawn down, a review was conducted on services that did not use 80% or more of their allocation and the unspent amount was greater than \$10,000.

She then drew their attention to the charts on the printout and gave a recap of why the dollars weren’t spent and a summary stating that substance use services had a strong overall

drawdown, however, mental health services will need to improve during FY25. Leaving dollars unspent at the end of the year is viewed by some as an indication services are not needed – that is not the case. Many of the unspent dollars in FY24 were earmarked for services that are taking longer than anticipated to get developed. She said that Region 6 continues to be concerned about additional dollars being removed from our state allocation and uncertainty about maintaining federal dollars if the drawdowns do not improve.

Taren then shared that for FY25, a budget was prepared using projected FY24 utilization. In doing so, it became necessary to eliminate some services with some providers and eliminate several support categories. In one case, a six-month contract was executed, allowing the provider enough time to show they could get a service developed or their contract will not be renewed during the second half of the year.

There were no questions or comments.

10. Status Reports for Period Ending August 31, 2024

Reports were included in the packets for everyone's review.

a. Contract Service Report - Taren Petersen

Taren gave an update of the August 2024 Contract Service Reports. The drawdown target is expected to be at 16.67%. Mental Health is at 12.27% and Substance Use is at 14.78%.

She then drew everyone's attention to the additional Contract Drawdown Sheet which gives the information at a quick glance.

There were no questions or comments.

b. Emergency Service Report – Miles Glasgow

Miles gave everyone an update on the current progress in the emergency systems. A copy of the report was included in everyone's packet for review.

He also shared data updates in Psychiatric Emergency Services (PES), stating that 70% were there for less than 24 hours in the month of August.

There were 97 dispatches for Mobil Crisis Response (MCR) in August.

August Acute Psychiatric Hospitalization had 77% in general capacity and 92% were in ICU, resulting in a total average of 80.4%.

Other data that Miles shared was that Social Detox had 126 total consumers in August.

This month the focus was on Emergency Protective Custody (EPC). Miles share data that states there were a total of 148 EPCs in August. This is a -10.84% difference from the same month in the previous fiscal year, and a 1.91% difference from the previous year's average of 145.

Overall, there is continued reduction of the number of EPCs.

There were no questions or comments.

11. Discussion of Location for the Annual Holiday Luncheon

Jeff asked if there were suggestions as to the location for this year. John S. suggested Spezia.

Other suggestions were Upstream and Ooh De Lally.

Bev will call and see if they have a private room and if they would be available on December 4th.

Jeff reminded everyone that the December meeting will start an hour later, and that after the meeting everyone would meet at the restaurant for the luncheon.

12. Public Comments

There were no public comments.

13. Adjourn

A motion to adjourn was made by John S.
Julie seconded the motion.
The motion passed unanimously upon voice vote.
The meeting was adjourned at 9:40 AM.

Prepared By: Beverly S. Jackson Date: 12/4/24

Approved By: [Signature] Date: 12/4/24
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